

## Waffles N Such

Sprinkled with Powdered Sugar  
Served w/ Butter & Syrup

**Belgian or Sweet Potato** 9.75  
Top with Strawberries, Blueberries or Bananas add 3.

### Egg-ceptional Waffle

Waffle & 2 OE eggs on the side! 10.95  
Add Bacon, Ham or Sausage +4.50

### A Monkey of A Waffle

Topped with Chocolate Chips, Bananas, Walnuts and Whip cream 12.95

### Good 'n Fruity Waffle

Topped w/ Bananas, Blueberries, Strawberries And whip cream 12.95  
ADD WALNUTS 2.

### The BIG Kahuna

2 EGGS,  
2 FLAP JACKS  
2 STRIPS OF BACON  
1 SAUSAGE, HOME FRIES  
OJ OR COFFEE 14.50

### The Little Kahuna

2 EGGS  
2 SAUSAGE FILLED  
FLAP JACKS, HOMEFRIES  
OJ OR COFFEE 12.50

## Breakfast Sandwiches

### Egg Sandwich 4.50

Served with homefries

Choose Bread: Plain or everything Bagel,

Italian Herb Focaccia, English Muffin or

Brioche Bun. Sub Gluten Free Bread 1.50

Choose Meat :With Bacon, Ham, Scrap-

ple, Sausage or Pork Roll +3.50

With Fakin' Bacon, Turkey Bacon or

Vegan Sausage +4.50

Add Cheese 1.50 Add Avocado +2.50

### Oksana's Avocado Toast

Arugula, feta, grape tomatoes, avocado with balsamic glaze on multigrain 11.50

Add 2 OE eggs +3.95

### Taylor Pork Roll & Cheese

On a Brioche Bun 7.75 Add red onion 1.00

Add lettuce & tomato 1.00

Please Remember....  
"Good food takes time  
When its prepared with love!"



Chris is in the kitchen flippin'

BREAKFAST TIL 2:30



### BACON, EGGS & JACKS

2 EGGS, 2 FLAPJACKS & BACON  
12.75

Pure Warm Vermont Maple Syrup 2 oz 2.75

## Texas French Toast

Sprinkled w/ powdered sugar &  
served w/ butter & syrup

### Full Stack (3 pcs) 8.95

Add a side of Bacon, Ham, Sausage or Scrapple 4.50

### Half Stack (2 PCS) 7.95

Add a side of Bacon, Ham, Sausage or Scrapple 4.50

### "Loaded" French Toast

Top with Blueberries, Strawberries, Bananas,

And Whipped Cream 10.95/11.95 Add Walnuts 2.

Add a side of Bacon, Ham, Sausage or Scrapple 4.50

### NUTELLA FRENCH TOAST

Topped with Strawberries and sprinkled with  
Powdered Sugar, topped whipped Cream 10.95/12.95

### Bodacious Acai Bowl

Acai topped with Nutella,  
almond butter, coconut,  
Banana & granola 13.25

### Acai Bowl

Topped with fresh  
strawberries, blueberries,  
banana, granola, almond  
butter & honey 13.75

### Maddie's Avocado Toast

Everything Bagel, Avocado  
Sliced tomato,  
Fresh mozzarella,  
Homemade Pesto! 10.75  
Add Grilled Shrimp +6  
Add 2 OE eggs 3.95

## Flapjacks

Sprinkled with Powdered Sugar  
Served w/ Butter & Syrup

**Buttermilk or Sweet Potato  
Vegan or Gluten Free**

Half Stack (2) 9.25 Full Stack (3) 10.25

### Man-Cakes & Eggs

Flapjacks filled with sausage & bacon  
Served with two eggs OE! 12.95/14.95

### Chunky Monkey Flapjacks

Chocolate chips, Bananas & Walnuts  
Topped w/ Whipped Cream 12.25/13.25

### Fruity Flapjacks

Bananas, Blueberries and  
Strawberries 11.95/12.95  
Add Walnuts 2.

### Chocolate Chip Jacks

Topped with whip cream!  
Mmmm GOOD! 10.75/11.75

### Hawaiian Breakfast

2 EGGS &  
GRILLED HAM TOPPED  
W/ OUR PINEAPPLE  
MANGO SALSA,  
GRITS & TOAST 11.95

### Keiki Kahuna

1 EGG, 1 FLAPJACK  
2 PC BACON  
OJ OR COFFEE 10.95

## On the Fruity Side!

### Loaded Chia Oat Bowl

Protein packed Chia  
Almond butter, Oats, Banana,  
Strawberries, Blueberries,  
Walnuts & Raisins 12.75

### "Loaded" Oatmeal Bowl

Oatmeal, Bananas, Strawberries,  
Blueberries, Walnuts, Raisins,  
Brown Sugar & Cinnamon 11.50

### Peter's "Loaded" Yogurt Bowl

Bananas, Strawberries,  
Blueberries, Walnuts,  
Raisins & Cinnamon  
Sprinkled with Granola 11.95

### Fresh Cut Fruit Bowl

Varies seasonally! 9.95

# Breakfast Favorites

## The American Standard

Served with: Homefries or Grits  
1 pc of White, Rye or Multigrain toast

**One Egg** 6.95

**Two Eggs** 7.95

**Three Eggs** 8.95

Add Bacon, Ham, Sausage, Scrapple +4.50 Turkey Bacon +4.95

**Breakfast Burrito** Scrambled eggs, Cheese, Salsa, Rice & Beans, Flour Tortilla. Homefries or Grits 10.95  
Add Avocado 2.50

## Meaty Breakfast Burrito

Same as above Choose one below  
Bacon, Ham, Sausage, Scrapple 14.95  
Turkey Bacon, Chorizo Sausage, Fakin' Bacon 15.70 or Vegan Sausage 15.95 (above inside burrito)

## The Southern Belle

Country Fried Steak Topped with Cream Chipped Beef, 2 eggs any style, Grits or Home Fries & Toast 14.95

## Double Header

2 eggs, 2 Flapjacks or French toast, Homefries or Grits 11.25

## Cream Chipped Beef

Homemade! Creamy chipped beef on Texas toast & Homfries 11.95

**Vegan Breakfast**  
2 VEGAN FLAP JACKS,  
2 FAKIN' BACON  
SAUTEED VEGGIES &  
VEGAN SAUSAGE PATTY  
OJ OR COFFEE 14.

**Smoked Tempeh Veggie Scramble**  
VEGGIES, BROWN RICE &  
BLACK BEANS. TOPPED WITH  
VEGAN CHEESE.  
CHOOSE GRITS OR HOME FRIES  
13.75

**Tico Breakfast**  
2 EGGS, RICE & BEANS,  
AVOCADO & PLANTAINS 12.50

**Veggie & Egg Quesadilla**  
SCRAMBLED EGGS, SEASONAL  
VEGGIES & COLBY JACK CHEESE  
SERVED WITH SOUR CREAM &  
HOME MADE SALSA 12.95

## Oksana's Avocado Bagel Benedict

Two Poached Eggs, Tomato, Mozzarella, Everything Bagel Hollandaise Sauce 14.50

Add Grilled Wild Caught Salmon +7

## Crab Ben-e-diction

Two Poached Eggs,  
Two miniature Crab Cakes, Hollandaise English Muffin & Home fries 17.50  
Add avocado 2.50

## Morning Ben-e-diction

Two Poached Eggs, Hollandaise Ham on Eng. Muffin & Homefries 11.50

## H.H.I. Shrimp Hash

Grilled Cajun Shrimp, Chorizo Sausage, Homefries, Garlic, Peppers & Onions, Topped w/Two OE Eggs & Hollandaise Served W/ Toast points 14.95

## Huevos Ranchero

A Costa Rican Favorite!  
Eggs any style, Peppers, Onions, Colby Jack Cheese, Rice & Beans, Home made Salsa Fresca  
3 Corn Tortillas 13.50

## Breakfast Quesadilla

Scrambled eggs, Ham, Peppers, Onions & Colby jack Cheese.  
Sour Cream & Salsa 13.50

## Our "Specially Featured"

# Ultimate Omelet's

All 3 Egg omelets served W/ Homefries or Grits,  
1 pc. of toast, butter & jelly  
Sub Vegan Cheese or GF toast add 1.50

Sub Egg Whites 1.50

## The Costa Omelet

Home made Salsa Fresca, Onions, Peppers & Colby Jack cheese 10.95

**Cheese omelet** 8.75 With Bacon, Ham, Sausage or Pork Roll inside 12.75

## Greggy's Denver Omelet

Ham, Onions, Peppers & Cheese 12.25

**Mario's Marvel** Onions, Spinach, Tomato, Mushrooms & Cheese 11.50

**Jersey Jim Veggie Egg White Omelet**  
Onions, Peppers, Tomatoes, Spinach, Broccoli, Asparagus, Mushrooms & Cheese 12.50

## Sweet Melissa

Shrimp, Crab, Tomato, American Cheese & Garlic 18.95

## Shrimp, Arugula, Goat Cheese

With Tomato & Avocado 17.75

## Jeremiah Twenty Nine Eleven

Spinach, Tomato & Feta Cheese 11.25

## Louisiana Nena

Chorizo Sausage, Onions, Peppers, Cheese 12.25

THANK YOU FOR NOT SUBSTITUTING ABOVE, HOWEVER, PLEASE ENJOY A  
**B.Y.O.O. . . Build Your Own Omelet!**

Start w/ a fluffy three egg omelet 8.95

Egg whites +1.50

Then get creative!

PEPPERS, ONIONS, SPINACH, PORTABELLA MUSHROOMS, MUSHROOMS, TOMATO, JALAPENOS, GARLIC, BROCCOLI, ASPARAGUS, SALSA FRESCA, ROASTED RED PEPPERS .75  
AVOCADO 2.50 SOUR CREAM .50

CREAM CHEESE, SWISS, MOZZARELLA, AMERICAN OR COLBY JACK 1.5 GOAT, FETA OR VEGAN CHEESE 2.

BACON, HAM, SAUSAGE, SCRAPPLE OR PORK ROLL 2.00 FAKIN' BACON, TURKEY BACON OR CHORIZO SAUSAGE 2.25 VEGAN SAUSAGE 3. SHRIMP 7. SUB GF TOAST 1.50

## Ala Carte

EGGS: ONE 2.95 TWO 3.95 THREE 4.95 ADD CHEESE 1.5  
ONE FLAP JACK 3.95 ONE FRENCH TOAST 3.50  
GRITS 3.25 GRITS W/CHEESE 4.  
HOME FRIES 3.25 W/ONIONS AND/OR PEPPERS 3.50  
SPICY HOMEFRIES W/ONIONS AND/OR PEPPERS 3.75  
SIDE OF FRUIT 4. SLICED TOMATO 1.5 AVOCADO 2.5

ENGLISH MUFFIN 2.5 MUFFIN 3.5  
TOAST (2PC) BUTTER & JELLY WHITE, MULTIGRAIN OR RYE 2.50  
TOASTED BAGEL 3.50  
PLAIN OR EVERYTHING W/ BUTTER & JELLY ~ WITH CREAM CHEESE 4.  
GLUTEN FREE TOAST 2.75  
CINNAMON BUN 4.

## Breakfast Meats

BACON, HAM, SAUSAGE, SCRAPPLE OR TAYLOR PORK ROLL 4.50  
TURKEY BACON, FAKIN' BACON OR CHORIZO SAUSAGE 4.95  
VEGAN SAUSAGE, VEGAN CHICKEN PATTIE 5.  
COUNTRY FRIED STEAK 5.95  
SIDE OF CREAMED CHIPPED BEEF 5.75

# In the Beginning



## Eggplant Caprese With Jersey Tomato

Fried Tender Eggplant & Tomato  
Stacked with fresh Mozzarella &  
Basil. Drizzled with a Balsamic  
Glaze & Homemade Pesto 12.95

## Plantain Bites

Five yummy Plantains, with  
Homemade Black Bean Corn Salsa  
Drizzled Lizano 9.95

## Chicken Tenders

Choose honey mustard or barbecue  
6PC- 10.00 8PC-- 12.00 10PC-- 14.00

## Mozzarella Sticks

Served with marinara  
6pc-10.50 8 pc-11.50 10pc-12.50

## Veggie Spring Rolls

Garlic Ginger soy dipping sauce  
6pc- 8.95 12pc- 14.95

## Zuppa

### Black Bean Soup

Served w/ a slice of avocado  
CUP 4.00 BOWL 5.00

### Creamy Crab Soup!

CUP 7.00 BOWL 8.50

### Bang Bang Shrimp

6pc.-9.95 10pc- 12.95 20pc.-26.95

### Lobster Mac n Cheese bites

5 fried bites served with blush  
dipping sauce 13.95

### Linda's Loaded Fries

Crispy Seasoned Fries, Garlic,  
Bacon, Jalapenos, Melted Colby  
Jack Cheese Ranch dressing 10.50

### Crab Croquettes

5 fried croquettes served with  
sriracha mayo 12.95

## Blackened Ahi Tuna Bites

On a bed of Arugula  
Topped with Black Bean Corn Salsa  
Drizzled with Costa Rican Lizano 13.95

## Costa Rican Shrimp N Grits

Where Caribbean meets the South!  
Chorizo Sausage, Blackened Shrimp,  
Homemade Salsa Fresca over Grits.  
Topped with Cheese 12.50

## Monge Buffalo Calamari

Tossed with tomatoes and jalapenos and  
drizzled with blue cheese 13.95  
Plain calamari with sweet chili sauce  
12.95

## Britt's Coconut Shrimp

Five succulent Coconut Shrimp, served  
with sweet and spicy chilly sauce and  
pineapple mango salsa 12.95

## Sides

### Crispy Fries

Served with Siracha Mayo 3.95

### Sweet Potato Fries 4.50

Add VT Maple Syrup for dipping 2.75

### Garlic or Old Bay Fries

Amanda says, "They'll party  
with your taste buds!" 4.95

Ask your  
server about  
our daily  
specials

## Ensaladas

**Dressings:** House Locatelli Herb Dressing, Balsamic Vinaigrette, Fat Free Raspberry Vinaigrette, Caesar, Bleu Cheese, Honey Mustard, Ranch, Sesame Ginger or Thousand Island

### Cissy's Caesar Salad

Romaine, Croutons, Caesar,  
Parmesan Cheese 10.95

Add: Grilled Chicken +7

Coconut shrimp +8

Grilled Salmon +12

### "Cool McCool" Cobb Salad

Romaine, Tomato, Bacon,  
Avocado, Homemade Black Bean  
Corn Salsa, Feta Cheese 11.50

Add: Buffalo Chicken +7

Grilled Chicken +7 Grilled Shrimp +8

### Garden salad

Romaine, Carrots, Tomato,  
Red Onion, Cucumber  
Petit 5.50 Large 8.50

### Stuffed Avocado Salad

Half an Avocado Topped With:

Crab & Shrimp Salad 18.95 or

Chicken salad 13.25

On Romaine, Cucumber, Tomato and-  
Carrots .

### Quinoa Plato

Romaine, Carrots, Avocado, Grilled  
Broccoli & Asparagus, Tomatoes,  
Homemade Black Bean Corn Salsa, Ses-  
ame Ginger Dressing 14.25

Add: Ahi Tuna +10 Grilled Salmon +12

Vegan chix +7 Veggie Burger +5

### Arugula, Beets & Goat Cheese

Arugula, Roasted Beets, Goat Cheese  
Candied Walnuts, Dried Cranberries 12.5  
Add Salmon +12 Ahi Tuna +10.

### Melissa's C.M. Seafood Salad

Romaine, Crab, Shrimp,  
Scallops, Avocado,

Pineapple Mango Salsa 25.95

### Mermaid Margaret's Salad

Romaine, Scoop of Homemade  
Crab & Shrimp salad, Avocado,  
Tomato, Colby Jack Cheese 19.95

### Blackened Ahi Tuna Ensalada

Romaine, Blackened Ahi Tuna,  
Cucumber, Avocado, Tomato, Goat  
Cheese, Locatelli Herb Dressing 23.

### Chicken Tender Salad

Romaine, Chicken Tenders,  
Bacon, Tomato, Colby Jack Cheese  
Honey Mustard dressing 12.25

# The Garden of Eden ~ Plant Based Options

Served with chips or coleslaw.  
Gluten Free Bread 1.50  
MAKE IT VEGAN—SUB VEGAN CHEESE & VEGANAISE 1.50

## The Linda Christine

Portabella Mushrooms, Roasted Red Peppers, Caramelized Onions, Garlic Spinach, Mozzarella Cheese, Italian Herb Focaccia Bread 13.25

## Margo's Veggie Burger Wrap

Homemade Veggie Burger, Lettuce, Tomato, Avocado & Veganaise, Honey Wheat Tortilla 11.95

## Todd's Veggie Burger Burrito

Homemade Veggie Burger, Rice & Beans, Avocado, Lizano, Salsa Fresca, Colby Jack, Jalapenos, Honey Wheat Tortilla 12.75

## The Jeannie Panini

Spinach, Portabella Mushroom, Avocado, Mozzarella, Veganaise Grilled Multigrain 11.95  
With Vegan Chicken +7

## Anela's Veggie Reuben

Spinach, Carrots, Mushrooms, Caramelized Onions, Sauerkraut, Swiss Cheese, Russian Dressing Grilled Rye 11.95  
smoked Tempeh +5, Vegan Chix +7

## Carlos's Tempeh Reuben

Smoked Tempeh, Swiss Cheese, Sauerkraut, Russian Dressing. Grilled Rye 13.95

## VEGAN BLT

Avocado, Fakin' Bacon, Lettuce, Tomato, Veganaise Multigrain Toast 12.75

## Signature Sandwiches

Served with chips or coleslaw.  
Gluten Free Bread 1.50 Vegan cheese 1.50

### ABL T

Avocado, Bacon, Lettuce, Tomato On Multigrain toast, Mayonnaise 10.95

### BLT Wrap or Sandwich

Good old fashioned Bacon, Lettuce, Tomato, Mayonnaise 8.95

### Kayden's "Turkey" BLT

Turkey, Bacon, Lettuce, Tomato Honey Mustard. Choice of: Italian Herb Focaccia, Multigrain, White, Rye bread or Wheat or White wrap 13.50  
ADD AVOCADO 2.50

### Christopher's Choice!

Turkey, Avocado, Roasted reds, Lettuce, Tomato, Mozzarella Cheese Honey Mustard. Multigrain toast! 13.50

### Turkey Reuben Monge

Roasted Turkey, Sauerkraut, Russian Dressing Swiss Cheese, Grilled Rye 12.25

### Grilled Ham & Turkey Panini

Roasted Turkey, Ham, Swiss Cheese, Honey mustard, Italian Herb Focaccia 12.75

### "BV" Tico Burrito

Cajun Chicken, Black Bean Corn Salsa, Avocado, Lizano, Salsa Fresca, Colby Jack Cheese 12.50  
Sub vegan chicken 3.

### Grilled Chicken Pesto Florentine

Grilled Chicken, Baby Spinach, Roasted Red Peppers, Fresh Mozzarella, Homemade Pesto, Italian Herb Focaccia 13.95

### Trae's on the Ranch Wrap

Grilled Chicken, Bacon, Tomato, Colby Jack Cheese, Ranch dressing 12.95

### Jim's Chicken Wrap

Grilled Chicken, Bacon, Tomato, Caramelized Onion, Colby Jack Cheese Honey Mustard 12.95

### Chicken Salad Sandwich or Wrap

Our Locals Favorite! Homemade with Red Grapes, Local Honey, Mayonnaise. Multigrain toast, Wheat, or White Wrap 11.75

**Sandwich Extras:** Jalapenos, lettuce & tomato, fried or raw onion or X-tra Dressing 1.00  
Portabella mushrooms or Caramelized Onion 1.00 Avocado 2.50 Roasted Reds 1.50 Homemade Pesto 1.50  
Vegan Cheese 1.50 Bacon 4 Side of Homemade Salsa Fresca 1.50  
Sub Bagel or Focaccia on any sandwich 1.00 Sub Gluten free bread 1.5 Sub Gluten Free Tortilla 1.00

## “Sea” Food & Eat It!

### Chicken Tender Platter

5 plump Chicken Tenders, Crispy Fries & Coleslaw. Honey Mustard or Barbecue Sauce  
12.50

### Chicken Salad BLT

Homemade Chicken Salad, Bacon, Lettuce, Tomato On Italian Herb Focaccia Sweet Potato Fries  
15.50

### Costa Rican Shrimp N Grits

Shrimp n Grits Chorizo Sausage Homemade Salsa Fresca, Colby Jack Cheese  
16.50

### Coconut Shrimp Platter

5 succulent Coconut Shrimp, Homemade Pineapple Mango Salsa, Sweet Spicy Chili Sauce. Crispy Fries & Cole Slaw  
14.50

### Frank's Fish Sandwich

Fried or Blackened Flounder 12.95  
Grilled or Blackened Mahi Mahi 13.95  
Siracha Mayo, Lettuce, Tomato, Country White Bun

### Paula's Fish & Chips Platter

Breaded Fried Filet of Flounder, Malt Vinegar or Tartar. Crispy Fries & Homemade Slaw  
14.95

### Tucker's Taco Platter With Crispy Fries

Choose blackened: Shrimp 13. Mahi 14. Ahi Tuna 15.  
Two Soft Corn Tacos, Avocado, Colby Jack cheese  
Homemade Pineapple Mango Salsa

**Crab Cake Sandwich** Grilled or fried, Lettuce, Tomato on a Brioche bun.  
Cocktail or Tartar 15.95

### Richie's Fish Burrito

Blackened Mahi, Black Bean Corn Salsa, Avocado, Salsa Fresca, Coleslaw, Plantains, Colby Jack Cheese & Lizano Salsa  
15.25

### Crab & Shrimp Salad Wrap

Homemade Crab & Shrimp Salad Lettuce, Tomato, a Hint of Curry!  
Wheat or White Wrap 17.50

## Bowls

### Tico Chicken Bowl

Rice & Beans, Grilled Chicken, Salsa Fresca, Avocado, Colby Jack, Siracha Mayo  
14.75

### Costa Rican Casado Bowl

Rice & beans, Plantains, Avocado, Salsa Fresca Drizzled Lizano Salsa  
12.75

### Quinoa Veggie Bowl

Quinoa, Grilled Veggies, Vegan Sausage, Avocado, Drizzled Sesame Ginger Sauce  
14.75

### Southern Chicken Bowl

Buffalo Chicken Tenders, Grape Tomatoes, Black Bean Corn Salsa over Cheese Grits Drizzled With Blue Cheese  
13.95

### Bang Bang Shrimp and Chicken Bowl

Rice & Beans, Onions, peppers Sour Cream, Salsa, Colby Jack Drizzled Sweet Chili Sauce  
18.50

**Add:** Goat Cheese or Feta Cheese +2 Grilled Chicken +7 Vegan Chicken +7 Flounder +7. Salmon +12. Shrimp +8  
Jalapenos 1.50 Grilled Veggies +3.5 Vegan Sausage +6 Add Vegan Cheese 1.5 Blackened Tuna Bites +10. Mahi +9

## Quesadillas

Served With Homemade Salsa Fresca & Sour Cream

### Ava's Chicken Quesadilla

Onions, Peppers, Tomato, Colby Jack Cheese. 13.50

### Caribbean Quesadilla

Black Beans & Rice, Plantains, Pineapple Mango Salsa, Cheddar Jack cheese 12.50

**Add:** Chicken +7.  
Vegan Chicken +7.  
Blackened Flounder +7.  
Salmon +7.



## Kahuna's Grill

### Cheeseburger

Fat Juicy Sirloin Pure Beef burger!  
Lettuce, Tomato, Chips & Pickle 11.50

### Bacon Cheeseburger 13.95

**ADD:** Caramelized Onion +1.00  
Mushrooms +1.00  
Avocado +2.50

### Noah's Ark ... Land & Sea Burger

Fat Juicy Burger, Melted cheese, Lettuce, Tomato, Homemade BV Crab Cake 19.95

### Grilled Cheese

On Texas Toast 7.50  
**Add Tomato +1.00 Add bacon + 4**

# Bella Vida Café

A Local Café with . . .

A Wholesome Aroma

## Dinner Menu

B.Y.O.B.

Take Out ~ Private Parties ~ Party Trays

Vegan, Vegetarian & Gluten Free Friendly

Outdoor Pura Vida Dining Room & Pampered Pooch Patio

Bella Vida means "Beautiful Life"

Our prayer is that all who dine with us would experience,  
"Beautiful life" John 3:16 <><

**Please let your server know of any allergies!**

**We will try our best to customize menu items to suit your dietary preferences. Please discuss our Vegan, Vegetarian and Gluten Free options with your server who will be happy to assist you!**



# In The Beginning

## Eggplant Caprese with Jersey Tomato

Fried Eggplant, tomato,  
Fresh Mozzarella, basil,  
Drizzled Balsamic glaze &  
Homemade pesto 13.50

## Maddie's Plantain Bites

Topped w/ black bean corn salsa &  
Drizzled Costa Rican Lizano salsa 9.95

## Chicken Tenders

Choose honey mustard or barbecue!  
6PC-10.00 8PC-11.00 10PC-14.00

## Mozzarella Sticks

Served with marinara.  
6pc-10.50 8 pc-11.50 10pc-12.50

## Veggie Spring Rolls

Served with a garlic, ginger soy  
dipping sauce  
6pc- 8.95 12pc- 14.95

## Linda's Loaded Fries

Crispy seasoned fries, garlic, bacon,  
Jalapenos, melted Colby Jack cheese  
And ranch dressing 10.95

## Costa Rican Shrimp N Grits App

Where Caribbean meets the South!  
Chorizo sausage, blackened shrimp,  
Homemade Salsa Fresca over grits  
Topped with cheese 12.95

## Homemade Crab Cake

Grilled or Fried. Sitting on a bed of  
Greens Served with cocktail or  
Tartar sauce 15.00

## Blackened Ahi Tuna Bites

On a bed of greens, topped with  
Homemade black bean corn salsa  
Costa Rican Lizano drizzle 13.95

## Monge Dusted Calamari

Tender calamari rings lightly  
Battered, flash fried & served with a  
Sweet chili dipping sauce 13.25

## Britt's Coconut Shrimp

Five succulent flash-fried  
Coconut Shrimp, homemade  
Pineapple mango salsa.  
Sweet spicy chili Sauce drizzle 13.25

## Lobster Mac n Cheese Bites

5 fried bites served with  
blush sauce 13.95

## Bang Bang Shrimp

6pc.-9.95 10pc- 12.95 20pc.-  
26.95

## Buffalo Calamari

Flash fried, with Jalapenos,  
Tomatoes, Buffalo Sauce,  
drizzled bleu cheese 13.95

## Crab Croquettes

5 fried croquettes served  
with sriracha mayo 13.95

## Zuppa

### Black Bean Soup

Garnished with Avocado  
Cup 4.00 Bowl 5.00

### Creamy Crab Soup

**A delicious house favorite!**  
Cup 7. Bowl 8.5

# Ensaladas

## Arugula, Beets & Goat Cheese

Sweet meets savory!  
Arugula, roasted beets, goat cheese  
Sprinkled with candied walnuts  
And dried cranberries Lg 12.50 Petit 8.50

**Add: Grilled Salmon +12 Ahi Tuna +10**  
**Grilled Chicken +7 Vegan Chix +7**

## Cissy's Caesar Salad

Fresh crisp romaine lettuce & croutons,  
Tossed with a creamy Caesar dressing  
Parmesan cheese  
Lg. 11.25 Petit 5.95

**Add: Grilled Chicken +7**  
**Coconut Shrimp +8**  
**Grilled Salmon +12**

## Garden Salad

Fresh crispy romaine lettuce, carrots,  
Tomato, red onion, and cucumber  
Lg. 8.50 Petit 5.50

## Quinoa Plato

Grilled broccoli & asparagus, carrots,  
Tomatoes, avocado & black bean corn salsa  
Over romaine, sesame ginger dressing 14.95

**Add: Mahi Mahi 9**  
**Ahi Tuna +10.**  
**Grilled Salmon +12.**

## Blackened Ahi Tuna Ensalada

Blackened Ahi Tuna, romaine,  
Cucumber, avocado, tomato, goat cheese  
With house Locatelli Herb dressing 23.

## Melissa's C.M. Seafood Salad

Crab, shrimp, scallops, and avocado  
Over romaine. Homemade  
Pineapple mango salsa 25.95

# From Our Cucina

All pasta dishes served with dinner rolls and butter  
Add garden salad with our house dressing 2.50

## Filet Mignon

Tender and melt in your mouth delicious!  
Topped with garlic herb butter.  
Served with goat cheese mashed.  
Potatoes and veggie du jour 44.95

## Chicken Francaise

A lemony, sautéed chicken cutlet  
smooth white wine sauce, capers, grape tomatoes  
Served with potato and veggie du jour 25.95

## Good Ole' Fashioned Pot Roast

Sloooooow roasted and served over creamy mashed  
Potatoes with veggie du jour.  
Topped with mushroom brown gravy 23.95

## Bone in Pork Chop

Topped with caramelized onions,  
Goat cheese and balsamic glaze drizzle, veggie du  
Jour and mashed potatoes 29.95

## Chicken Parmigiana

Tender, breaded Chicken. Homemade  
Italian Gravy, lavished with Mozzarella &  
Locatelli cheese over linguini 23.95

## Eggplant Parmesan

Tender breaded Eggplant Topped with  
Homemade Italian gravy and lavished With  
Mozzarella & Locatelli cheese over linguini 19.95

## Endless "Pastabilities"

Design your own Pasta Dish!  
Served with dinner rolls, butter 15.75  
Add garden salad with our house dressing 2.50



Choose your  
Pasta:

Choose your  
Sauce:

### Gluten Free

GF Pasta 3.00  
GF Ravioli 3.00

Italian Gravy  
Fra Diavolo  
Pesto

Linguini  
Angel Hair  
Gnocchi

Alfredo 3.00  
Blush Sauce  
Scampi Sauce

Spinach & Cheese Ravioli 5.00  
Cheese Ravioli 3.00  
Elbow Macaroni

Bolognese 3.00  
Aglio e Olio  
Butter Sauce



## Add to any Pasta dish:

### Meat

Chicken 7.  
Chorizo Sausage 4.  
Meatballs 4.  
Ham 4.  
Bacon 4.

### Seafood

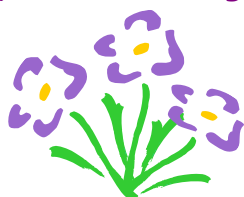
Shrimp 8.  
Crab 10.  
Scallops 12.

### Veggies

Broccoli 3.  
Roasted Red Peppers 3  
Caramelized Onions 3.  
Asparagus 3.  
Mushrooms 3.  
Spinach or Arugula 3.  
Grape Tomatoes 3.

### BV Unique

Vegan Sausage 7.  
Smoked Tempeh 7.  
Vegan Cheese 3.  
Vegan Chicken 7  
Goat Cheese 3



## Bowls

### Tico Chicken bowl

Rice & beans,  
grilled chicken,  
avocado salsa  
fresca, Colby jack  
cheese, siracha  
mayo 14.95

### Southern Chicken Bowl

Buffalo chicken  
tenders, tomatoes,  
black bean corn  
salsa over cheese  
grits drizzled with  
blue cheese 14.50

### Bang Bang Shrimp Chicken Bowl

Rice & beans, sauteed  
onions & peppers,  
sour cream, salsa,  
Colby jack cheese,  
sweet chili 19.95

### Quinoa Veggie bowl

Quinoa, grilled  
veggies, vegan  
sausage, avocado  
drizzled sesame  
ginger sauce.  
14.95



# From Our Sea

Served with dinner rolls and butter  
Add garden salad with our house dressing 2.50

## Emelia's Special

Tomatoes, fresh basil & garlic in a blush sauce tossed with  
Potato gnocchi and sprinkled with Locatelli cheese. 17.95  
Add: Chicken 7. Scallops 12. Shrimp 8. Crab 9.

## Sesame Encrusted Ahi Tuna

Sesame encrusted Ahi Tuna served over mashed potato in  
Ginger garlic soy sauce served with Asian seared veggies.  
(Carrots, Portabella mushrooms, Caramelized onions, Roasted red peppers) 29.95

## Vermont Maple Salmon

Tender and moist as fish can be!  
Glazed with our homemade Vermont Maple garlic ginger glaze.  
Served with potato & veggie du jour 28.95

## "Tour of the Sea"

Broiled Flounder filet, scallops, shrimp, and a  
Homemade crab cake cooked to perfection!  
Served with potato & veggie du jour 33.95  
Sub: Salmon ~ Mahi Mahi or Ahi Tuna 5.

## Christopher's Bella Vida Crab Cakes

A "SHORE" Favorite... 2 Crab Cakes  
Grilled or fried with cocktail or tartar sauce.  
Served with potato & veggie du jour 29.95

### Three Cheese Pesto Risotto

With asparagus and broccoli topped  
with your choice of protein:  
Shrimp 25 / Mahi 28 / Scallops 35

### Lobster & Cheese Ravioli

Tossed with sauteed shrimp, grape  
tomatoes, asparagus in homemade  
Blush sauce 34.00

## Parmesan Herb Encrusted Flounder & Crab

Topped with a tomato, garlic white wine sauce  
Fresh basil and capers.  
Served over mashed potatoes. 26.95

## Anela's an Angel of a Dish

Sautéed shrimp, scallops and arugula  
In a white wine garlic sauce with goat cheese,  
grape tomatoes and capers.  
Served over Angel Hair pasta 28.95

## Morgan's Medley of the Sea

Succulent shrimp, local scallops, crab, grape  
Tomatoes & baby spinach  
In a delectable white wine garlic sauce  
Served over linguini or gnocchi 32.95

## Seafood Fra Diavolo

Scallops, shrimp, jalapenos and  
Fresh basil tossed in a spicy Italian gravy.  
Served over linguini.  
Topped with Locatelli cheese. 28.95

## Coconut Shrimp

Seven jumbo succulent shrimp flash fried  
served W/ Pineapple mango salsa over rice &  
beans Drizzled with sweet spicy chili sauce  
23.95

## Mahi Mahi oh My

Blackened Mahi, grilled shrimp,  
Homemade pineapple mango salsa,  
Asparagus and coconut rice & beans,  
Drizzled with Lizano 29.95



# The Garden of Eden

## Veggie Medley Sauté

Seasonal fresh veggies the way you like them! 15.95

**Choose:** Linguini GF Pasta Angel Hair Gnocchi Quinoa Rice & Beans

**Choose:** Italian Gravy Vegan Pesto Aglio e Olio Garlic Ginger Soy.

<b>Add:</b>	Shrimp 8.	Crab 10.	Scallops 12.
	Salmon 12.	Ahi Tuna 12.	Smoked Tempeh 7
	Chicken 7.	Vegan Chicken 7.	Vegan Sausage 7.

## The Linda Christine

Portabella mushrooms, roasted reds, caramelized onions, garlic spinach & Mozzarella on Herb Focaccia 13.50

Add Vegan Chicken 7

Make it VEGAN-Sub Vegan Cheese & Vegenaise 1.50

## Carlos's Temppeh Rueben

Smoked Tempeh, Swiss, Sauerkraut and Russian dressing on grilled rye 13.95

## Kristen's Vegan BLT

Avocado, fakin' bacon, lettuce, tomato Vegenaise on multigrain toast 12.75

# Tropical Delights

Add a side salad to above meals for 2.50

## Costa Rican Shrimp & Grits

Blackened shrimp, Chorizo sausage, over grits Topped with Salsa fresca & smothered with Colby Jack cheese. A must-eat for grits fans! 23.95

## Paula's Fish & Chips

Lightly breaded flounder, Crispy fries and Homemade coleslaw Served with malt vinegar or tartar 19.00

## Fish Burrito Beau

Blackened Mahi, black bean corn salsa, avocado, Salsa fresca, coleslaw, plantains, Colby Jack cheese And Costa Rican Lizano Salsa 15.95

## Land & Sea Burger

A fat & juicy all beef burger with melted cheese, Lettuce and tomato and topped with Homemade Bella Vida crab cake Served with fries & homemade coleslaw 21.95

## Caribbean Quesadilla Kenzie

Rice & Beans, plantains, pineapple mango salsa And Colby Jack cheese 13.00

**Add: Chicken +7**      **Vegan Chicken +7**  
**Blackened Flounder +7**      **Salmon +12**

## Trae's Taco Platter

**Choose blackened:**

**Shrimp 14. Mahi 15. Ahi Tuna 16.**  
Two Soft Corn Tacos, Avocado, Colby Jack cheese Homemade Pineapple Mango Salsa Served with crispy fries

## Island Style Christina

Plantains and homemade black bean corn salsa over Rice & beans, topped with our homemade pineapple mango Salsa then drizzled with a balsamic glaze & Toasted coconut 16.50

**With: Shrimp +8**      **Flounder +7**  
**Salmon +12**      **Ahi Tuna +10**  
**Chicken +7**      **Vegan Chicken +7**

PLATE SHARING CHARGE \$7

## Juice

OJ ~ V-8 ~ Apple ~ Cranberry 3.25

**Breakfast Cocktail du Jour**  
(Ask your server) 5.50

Carrot Juice 5.

Organic Orange Mango 4.25

## Coffee Etcetera...

Enjoy our Bottomless cup of Costa Rican Coffee

### **COSTA RICAN ARABICA COFFEE**

Bella Vida's own unique roast!  
Every pot freshly ground 3.25

**Hot Tea** Regular, Herbal or Decaf 3.25

**Hot Chocolate** Topped with whipped cream 3.75

**MILK** 3.25

Almond Milk 3.25

Chocolate Milk 3.75

Sub almond milk 1.

Unsweetened Ice Tea 3.25



## Fountain Soda

*One Re-fill is our pleasure! 3.25*

- |                      |                      |
|----------------------|----------------------|
| * Rootbeer           | * Coke               |
| * Sprite             | * Diet Coke          |
| * Club Soda          | * Ginger ale         |
| * Lemonade           | * Iced Tea           |
| * Raspberry Lemonade | * Raspberry Iced Tea |

**Check in and LIKE us on Facebook or Instagram @bellavidagardencafe**

**Make a Reservation at [bellavidacafe.com](http://bellavidacafe.com)**

**Join Fivestars** our loyalty program & receive points for your purchases

**Text Bella777 to 5STARS (578-277) to join**

- ♥ As you rack up points, you earn great rewards -- which means free items or discounts!
- ♥ After joining sign your phone# at the bottom of your check & your server enters your points
- ♥ Enter your birthdate in Fivestars and get your Birthday percent off your meal!

## Water

**Natural Spring Water**

Still or Sparkling

Small 3.50 and Large 7.00

**Vita Coco Coconut Water** 4.50

**Spindrift Sparkling Water** 3.50

**Generic Bottled Water** 2.00

## The Espresso Bar

We use Costa Rican Arabica Coffee Beans

**SINGLE SHOT** 3.      **DOUBLE** 4.50  
Sub Almond Milk Add 1.

### **CAFÉ LATTE**

Espresso, velvety steamed milk & light foam 5.25

### **CAPPUCCINO**

Espresso, velvety steamed milk,  
Ample foam. Sprinkled w/ cinnamon 5.25

### **DIRTY SPICED CHAI LATTE**

Espresso, Spiced Chai and velvety steamed milk  
Topped with whipped cream 5.75

### **VANILLA CHAI CAFÉ LATTE**

Words simply can't describe this spicy,  
Yet reserved coffee phenomena!  
Espresso, Chai and velvety steamed milk  
Topped with whipped cream 5.75

### **MOCHACCINO**

Espresso, rich chocolate & steamed milk  
Topped with whipped cream 5.75

### **CARAMEL MACCHIATO**

Vanilla Latte topped with sweet caramel 5.75

**ADD A FLAVOR SHOT TO ANY ESPRESSO DRINK,  
OR COFFEE 1.**

Chocolate	Vanilla	Hazelnut
Caramel	Raspberry	

**SEASONAL:** Pumpkin Pie Spice ~ Peppermint ~ Gingerbread

**Take a Bella Vida gift home with you!**

Bella Vida Tee Shirts and Zip up Hoodie

Costa Rican Lizano Salsa 14.99

Costa Rican Coffee- Our Own Special Roast 14.99

Bella Vida Coffee Mugs 6.95

Gift Cards



**Book a party at Bella Vida or let us cater yours!  
Party trays also available.**

**Thank you for the privilege of Serving YOU!**

# Kids Menu



- Cheese Pizza Flatbread 8.95
- Grilled Cheese & Fries 7.95
- Linguini with butter & cheese 7.50
- Spaghetti & Meatball 9.95
- Cheese Raviolis 9.95
- Chicken Tenders & Fries 9.50
- Cheeseburger & Fries 9.95
- Mac n Cheese 8.95
- Cheese Quesadilla 8.95



# Life is short eat Dessert First!

Remember when you share a dessert it only has half the calories!



## ♥ Lemon Mascarpone Cheese Sponge cake

Light airy and lemony! Our luscious Limoncello Mascarpone cake is a rich combination of Sicilian lemon infused sponge cake & Italian mascarpone. Perfect combination of sweet and tart. Topped with shaved white chocolate! 6.75

## ♥ Islander Key Lime Pie

This refreshingly light, chifony treat is made with authentic Nellie and Joe's Key West Lime Juice. Baked in a graham cracker butter crust & iced with real whipped cream 7.00



## ♥ Chocolate Lava Fudge Cake

Rich & moist cake filled w/ a creamy, dark & dense chocolate center! 6.00

## ♥ Peanut Butter Cup Chocolate Cake

Our Chocolate Peanut Butter Pie is full of dark chocolate and peanut butter mousse and Reese's® Peanut Butter Cups. The popular candy bar in a pie! 6.25



## ♥ Daiya Strawberry New York Cheese Cake

**Dairy Free, Gluten Free, Soy Free.** Rich, velvety and deeply satisfying. A delicious, guilt-free indulgence infused with real vanilla and lots of dairy-free love. A taste SO luxurious it redefines sweet temptation — and the number of excuses you need to justify another bite 6.50



## ♥ Death by Chocolate Torte

To die for! Flourless, gluten free and melt in your mouth, ever so chocolaty! 6.50





# IT'S A PUP'S LIFE AT BELLA VIDA CAFE

## PUP FRIENDLY ITEMS

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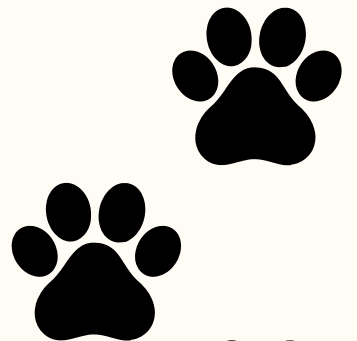
**PUPuccino Cup** \$2.50  
(whipped treat for your pup)



**Berry Delight** \$5.00  
(Cup full of Blueberries)



**Berries and Cream** \$7.00  
(Cup of berries topped with Whipped Cream)



**Chicken (grilled)** \$7.00



**Grilled Burger  
(Plain)** \$10.00

