

Waffles N Such

Sprinkled with Powdered Sugar
Served w/ Butter & Syrup

Belgian or Sweet Potato 9.75

Top with Strawberries, Blueberries or Bananas add 3.

Egg-ceptional Waffle

Waffle & 2 OE eggs on the side! 10.95
Add Bacon, Ham or Sausage +4.50

A Monkey of A Waffle

Topped with Chocolate Chips, Bananas, Walnuts and Whip cream 12.95

Good 'n Fruity Waffle

Topped w/ Bananas, Blueberries, Strawberries And whip cream 12.95
ADD WALNUTS 2.

The BIG Kahuna

2 EGGS,
2 FLAP JACKS
2 STRIPS OF BACON
1 SAUSAGE, HOME FRIES
OJ OR COFFEE 14.50

The Little Kahuna

2 EGGS
2 SAUSAGE FILLED
FLAP JACKS, HOMEFRIES
OJ OR COFFEE 12.50

Breakfast Sandwiches

Egg Sandwich 4.50

Served with homefries

Choose Bread: Plain or everything Bagel,

Italian Herb Focaccia, English Muffin or

Brioche Bun. Sub Gluten Free Bread 1.50

Choose Meat :With Bacon, Ham, Scrap-

ple, Sausage or Pork Roll +3.50

With Fakin' Bacon, Turkey Bacon or

Vegan Sausage +4.50

Add Cheese 1.50 Add Avocado +2.50

Oksana's Avocado Toast

Arugula, feta, grape tomatoes, avocado with balsamic glaze on multigrain 11.50

Add 2 OE eggs +3.95

Taylor Pork Roll & Cheese

On a Brioche Bun 7.75 Add red onion 1.00

Add lettuce & tomato 1.00

Please Remember....

"Good food takes time

When its prepared with love!"



Chris is in the kitchen flippin'

BREAKFAST TIL 2:30



BACON, EGGS & JACKS

2 EGGS, 2 FLAPJACKS & BACON
12.75

Pure Warm Vermont Maple Syrup 2 oz 2.75

Texas French Toast

Sprinkled w/ powdered sugar &
served w/ butter & syrup

Full Stack (3 pcs) 8.95

Add a side of Bacon, Ham, Sausage or Scrapple 4.50

Half Stack (2 PCS) 7.95

Add a side of Bacon, Ham, Sausage or Scrapple 4.50

"Loaded" French Toast

Top with Blueberries, Strawberries, Bananas,

And Whipped Cream 10.95/11.95 Add Walnuts 2.

Add a side of Bacon, Ham, Sausage or Scrapple 4.50

NUTELLA FRENCH TOAST

Topped with Strawberries and sprinkled with
Powdered Sugar, topped whipped Cream 10.95/12.95

Bodacious Acai Bowl

Acai topped with Nutella,
almond butter, coconut,
Banana & granola 13.25

Acai Bowl

Topped with fresh
strawberries, blueberries,
banana, granola, almond
butter & honey 13.75

Maddie's Avocado Toast

Everything Bagel, Avocado
Sliced tomato,
Fresh mozzarella,
Homemade Pesto! 10.75
Add Grilled Shrimp +6
Add 2 OE eggs 3.95

Flapjacks

Sprinkled with Powdered Sugar
Served w/ Butter & Syrup

**Buttermilk or Sweet Potato
Vegan or Gluten Free**

Half Stack (2) 9.25 Full Stack (3) 10.25

Man-Cakes & Eggs

Flapjacks filled with sausage & bacon
Served with two eggs OE! 12.95/14.95

Chunky Monkey Flapjacks

Chocolate chips, Bananas & Walnuts
Topped w/ Whipped Cream 12.25/13.25

Fruity Flapjacks

Bananas, Blueberries and
Strawberries 11.95/12.95
Add Walnuts 2.

Chocolate Chip Jacks

Topped with whip cream!
Mmmm GOOD! 10.75/11.75

Hawaiian Breakfast

2 EGGS &
GRILLED HAM TOPPED
W/ OUR PINEAPPLE
MANGO SALSA,
GRITS & TOAST 11.95

Keiki Kahuna

1 EGG, 1 FLAPJACK
2 PC BACON
OJ OR COFFEE 10.95

On the Fruity Side!

Loaded Chia Oat Bowl

Protein packed Chia
Almond butter, Oats, Banana,
Strawberries, Blueberries,
Walnuts & Raisins 12.75

"Loaded" Oatmeal Bowl

Oatmeal, Bananas, Strawberries,
Blueberries, Walnuts, Raisins,
Brown Sugar & Cinnamon 11.50

Peter's "Loaded" Yogurt Bowl

Bananas, Strawberries,
Blueberries, Walnuts,
Raisins & Cinnamon
Sprinkled with Granola 11.95

Fresh Cut Fruit Bowl

Varies seasonally! 9.95

Breakfast Favorites

The American Standard

Served with: Homefries or Grits
1 pc of White, Rye or Multigrain toast

One Egg 6.95

Two Eggs 7.95

Three Eggs 8.95

Add Bacon, Ham, Sausage, Scrapple +4.50 Turkey Bacon +4.95

Breakfast Burrito Scrambled eggs, Cheese, Salsa, Rice & Beans, Flour Tortilla. Homefries or Grits 10.95
Add Avocado 2.50

Meaty Breakfast Burrito

Same as above Choose one below
Bacon, Ham, Sausage, Scrapple 14.95
Turkey Bacon, Chorizo Sausage, Fakin' Bacon 15.70 or Vegan Sausage 15.95 (above inside burrito)

The Southern Belle

Country Fried Steak Topped with Cream Chipped Beef, 2 eggs any style, Grits or Home Fries & Toast 14.95

Double Header

2 eggs, 2 Flapjacks or French toast, Homefries or Grits 11.25

Cream Chipped Beef

Homemade! Creamy chipped beef on Texas toast & Homfries 11.95

Vegan Breakfast
2 VEGAN FLAP JACKS,
2 FAKIN' BACON
SAUTEED VEGGIES &
VEGAN SAUSAGE PATTY
OJ OR COFFEE 14.

Smoked Tempeh Veggie Scramble
VEGGIES, BROWN RICE &
BLACK BEANS. TOPPED WITH
VEGAN CHEESE.
CHOOSE GRITS OR HOME FRIES
13.75

Tico Breakfast
2 EGGS, RICE & BEANS,
AVOCADO & PLANTAINS 12.50

Veggie & Egg Quesadilla
SCRAMBLED EGGS, SEASONAL
VEGGIES & COLBY JACK CHEESE
SERVED WITH SOUR CREAM &
HOME MADE SALSA 12.95

Oksana's Avocado Bagel Benedict

Two Poached Eggs, Tomato, Mozzarella, Everything Bagel Hollandaise Sauce 14.50

Add Grilled Wild Caught Salmon +7

Crab Ben-e-diction

Two Poached Eggs,
Two miniature Crab Cakes, Hollandaise English Muffin & Home fries 17.50
Add avocado 2.50

Morning Ben-e-diction

Two Poached Eggs, Hollandaise Ham on Eng. Muffin & Homefries 11.50

H.H.I. Shrimp Hash

Grilled Cajun Shrimp, Chorizo Sausage, Homefries, Garlic, Peppers & Onions, Topped w/Two OE Eggs & Hollandaise Served W/ Toast points 14.95

Huevos Ranchero

A Costa Rican Favorite!
Eggs any style, Peppers, Onions, Colby Jack Cheese, Rice & Beans, Home made Salsa Fresca
3 Corn Tortillas 13.50

Breakfast Quesadilla

Scrambled eggs, Ham, Peppers, Onions & Colby jack Cheese.
Sour Cream & Salsa 13.50

Our "Specially Featured"

Ultimate Omelet's

All 3 Egg omelets served W/ Homefries or Grits,
1 pc. of toast, butter & jelly
Sub Vegan Cheese or GF toast add 1.50

Sub Egg Whites 1.50

The Costa Omelet

Home made Salsa Fresca, Onions, Peppers & Colby Jack cheese 10.95

Cheese omelet 8.75 With Bacon, Ham, Sausage or Pork Roll inside 12.75

Greggy's Denver Omelet

Ham, Onions, Peppers & Cheese 12.25

Mario's Marvel Onions, Spinach, Tomato, Mushrooms & Cheese 11.50

Jersey Jim Veggie Egg White Omelet
Onions, Peppers, Tomatoes, Spinach, Broccoli, Asparagus, Mushrooms & Cheese 12.50

Sweet Melissa

Shrimp, Crab, Tomato, American Cheese & Garlic 18.95

Shrimp, Arugula, Goat Cheese

With Tomato & Avocado 17.75

Jeremiah Twenty Nine Eleven

Spinach, Tomato & Feta Cheese 11.25

Louisiana Nena

Chorizo Sausage, Onions, Peppers, Cheese 12.25

THANK YOU FOR NOT SUBSTITUTING ABOVE, HOWEVER, PLEASE ENJOY A
B.Y.O.O. . . Build Your Own Omelet!

Start w/ a fluffy three egg omelet 8.95

Egg whites +1.50

Then get creative!

PEPPERS, ONIONS, SPINACH, PORTABELLA MUSHROOMS, MUSHROOMS, TOMATO, JALAPENOS, GARLIC, BROCCOLI, ASPARAGUS, SALSA FRESCA, ROASTED RED PEPPERS .75 AVOCADO 2.50 SOUR CREAM .50	CREAM CHEESE, SWISS, MOZZARELLA, AMERICAN OR COLBY JACK 1.5 GOAT, FETA OR VEGAN CHEESE 2.	BACON, HAM, SAUSAGE, SCRAPPLE OR PORK ROLL 2.00 FAKIN' BACON, TURKEY BACON OR CHORIZO SAUSAGE 2.25 VEGAN SAUSAGE 3. SHRIMP 7. SUB GF TOAST 1.50
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Ala Carte

EGGS: ONE 2.95 TWO 3.95 THREE 4.95 ADD CHEESE 1.5
ONE FLAP JACK 3.95 ONE FRENCH TOAST 3.50
GRITS 3.25 GRITS W/CHEESE 4.
HOME FRIES 3.25 W/ONIONS AND/OR PEPPERS 3.50
SPICY HOMEFRIES W/ONIONS AND/OR PEPPERS 3.75
SIDE OF FRUIT 4. SLICED TOMATO 1.5 AVOCADO 2.5

ENGLISH MUFFIN 2.5 MUFFIN 3.5
TOAST (2PC) BUTTER & JELLY WHITE, MULTIGRAIN OR RYE 2.50
TOASTED BAGEL 3.50
PLAIN OR EVERYTHING W/ BUTTER & JELLY ~ WITH CREAM CHEESE 4.
GLUTEN FREE TOAST 2.75
CINNAMON BUN 4.

Breakfast Meats

BACON, HAM, SAUSAGE, SCRAPPLE OR TAYLOR PORK ROLL 4.50
TURKEY BACON, FAKIN' BACON OR CHORIZO SAUSAGE 4.95
VEGAN SAUSAGE, VEGAN CHICKEN PATTIE 5.
COUNTRY FRIED STEAK 5.95
SIDE OF CREAMED CHIPPED BEEF 5.75

In the Beginning



Eggplant Caprese With Jersey Tomato

Fried Tender Eggplant & Tomato
Stacked with fresh Mozzarella &
Basil. Drizzled with a Balsamic
Glaze & Homemade Pesto 12.95

Plantain Bites

Five yummy Plantains, with
Homemade Black Bean Corn Salsa
Drizzled Lizano 9.95

Chicken Tenders

Choose honey mustard or barbecue
6PC- 10.00 8PC-- 12.00 10PC-- 14.00

Mozzarella Sticks

Served with marinara
6pc-10.50 8 pc-11.50 10pc-12.50

Veggie Spring Rolls

Garlic Ginger soy dipping sauce
6pc- 8.95 12pc- 14.95

Zuppa

Black Bean Soup

Served w/ a slice of avocado
CUP 4.00 BOWL 5.00

Creamy Crab Soup!

CUP 7.00 BOWL 8.50

Bang Bang Shrimp
6pc.-9.95 10pc- 12.95 20pc.-26.95

Lobster Mac n Cheese bites

5 fried bites served with blush
dipping sauce 13.95

Linda's Loaded Fries

Crispy Seasoned Fries, Garlic,
Bacon, Jalapenos, Melted Colby
Jack Cheese Ranch dressing 10.50

Crab Croquettes

5 fried croquettes served with
sriracha mayo 12.95

Blackened Ahi Tuna Bites

On a bed of Arugula
Topped with Black Bean Corn Salsa
Drizzled with Costa Rican Lizano 13.95

Costa Rican Shrimp N Grits

Where Caribbean meets the South!
Chorizo Sausage, Blackened Shrimp,
Homemade Salsa Fresca over Grits.
Topped with Cheese 12.50

Monge Buffalo Calamari

Tossed with tomatoes and jalapenos and
drizzled with blue cheese 13.95
Plain calamari with sweet chili sauce
12.95

Britt's Coconut Shrimp

Five succulent Coconut Shrimp, served
with sweet and spicy chilly sauce and
pineapple mango salsa 12.95

Sides

Crispy Fries

Served with Siracha Mayo 3.95

Sweet Potato Fries 4.50

Add VT Maple Syrup for dipping 2.75

Garlic or Old Bay Fries

Amanda says, "They'll party
with your taste buds!" 4.95

Ask your
server about
our daily
specials

Ensaladas

Dressings: House Locatelli Herb Dressing, Balsamic Vinaigrette, Fat Free Raspberry Vinaigrette, Caesar, Bleu Cheese, Honey Mustard, Ranch, Sesame Ginger or Thousand Island

Cissy's Caesar Salad

Romaine, Croutons, Caesar,
Parmesan Cheese 10.95

Add: Grilled Chicken +7

Coconut shrimp +8

Grilled Salmon +12

"Cool McCool" Cobb Salad

Romaine, Tomato, Bacon,
Avocado, Homemade Black Bean
Corn Salsa, Feta Cheese 11.50

Add: Buffalo Chicken +7

Grilled Chicken +7 Grilled Shrimp +8

Garden salad

Romaine, Carrots, Tomato,
Red Onion, Cucumber
Petit 5.50 Large 8.50

Stuffed Avocado Salad

Half an Avocado Topped With:

Crab & Shrimp Salad 18.95 or

Chicken salad 13.25

On Romaine, Cucumber, Tomato and-
Carrots .

Quinoa Plato

Romaine, Carrots, Avocado, Grilled
Broccoli & Asparagus, Tomatoes,
Homemade Black Bean Corn Salsa, Ses-
ame Ginger Dressing 14.25

Add: Ahi Tuna +10 Grilled Salmon +12

Vegan chix +7 Veggie Burger +5

Arugula, Beets & Goat Cheese

Arugula, Roasted Beets, Goat Cheese
Candied Walnuts, Dried Cranberries 12.5
Add Salmon +12 Ahi Tuna +10.

Melissa's C.M. Seafood Salad

Romaine, Crab, Shrimp,
Scallops, Avocado,

Pineapple Mango Salsa 25.95

Mermaid Margaret's Salad

Romaine, Scoop of Homemade
Crab & Shrimp salad, Avocado,
Tomato, Colby Jack Cheese 19.95

Blackened Ahi Tuna Ensalada

Romaine, Blackened Ahi Tuna,
Cucumber, Avocado, Tomato, Goat
Cheese, Locatelli Herb Dressing 23.

Chicken Tender Salad

Romaine, Chicken Tenders,
Bacon, Tomato, Colby Jack Cheese
Honey Mustard dressing 12.25

The Garden of Eden ~ Plant Based Options

Served with chips or coleslaw.
Gluten Free Bread 1.50
MAKE IT VEGAN—SUB VEGAN CHEESE & VEGANAISE 1.50

The Linda Christine

Portabella Mushrooms, Roasted Red Peppers, Caramelized Onions, Garlic Spinach, Mozzarella Cheese, Italian Herb Focaccia Bread 13.25

Margo's Veggie Burger Wrap

Homemade Veggie Burger, Lettuce, Tomato, Avocado & Veganaise, Honey Wheat Tortilla 11.95

Todd's Veggie Burger Burrito

Homemade Veggie Burger, Rice & Beans, Avocado, Lizano, Salsa Fresca, Colby Jack, Jalapenos, Honey Wheat Tortilla 12.75

The Jeannie Panini

Spinach, Portabella Mushroom, Avocado, Mozzarella, Veganaise, Grilled Multigrain 11.95
With Vegan Chicken +7

Anela's Veggie Reuben

Spinach, Carrots, Mushrooms, Caramelized Onions, Sauerkraut, Swiss Cheese, Russian Dressing, Grilled Rye 11.95
smoked Tempeh +5, Vegan Chix +7

Carlos's Tempeh Reuben

Smoked Tempeh, Swiss Cheese, Sauerkraut, Russian Dressing. Grilled Rye 13.95

VEGAN BLT

Avocado, Fakin' Bacon, Lettuce, Tomato, Veganaise, Multigrain Toast 12.75

Signature Sandwiches

Served with chips or coleslaw.
Gluten Free Bread 1.50 Vegan cheese 1.50

ABL T

Avocado, Bacon, Lettuce, Tomato, On Multigrain toast, Mayonnaise 10.95

BLT Wrap or Sandwich

Good old fashioned Bacon, Lettuce, Tomato, Mayonnaise 8.95

Kayden's "Turkey" BLT

Turkey, Bacon, Lettuce, Tomato, Honey Mustard. Choice of: Italian Herb Focaccia, Multigrain, White, Rye bread or Wheat or White wrap 13.50
ADD AVOCADO 2.50

Christopher's Choice!

Turkey, Avocado, Roasted reds, Lettuce, Tomato, Mozzarella Cheese, Honey Mustard. Multigrain toast! 13.50

Turkey Reuben Monge

Roasted Turkey, Sauerkraut, Russian Dressing, Swiss Cheese, Grilled Rye 12.25

Grilled Ham & Turkey Panini

Roasted Turkey, Ham, Swiss Cheese, Honey mustard, Italian Herb Focaccia 12.75

"BV" Tico Burrito

Cajun Chicken, Black Bean, Corn Salsa, Avocado, Lizano, Salsa Fresca, Colby Jack Cheese 12.50
Sub vegan chicken 3.

Grilled Chicken Pesto Florentine

Grilled Chicken, Baby Spinach, Roasted Red Peppers, Fresh Mozzarella, Homemade Pesto, Italian Herb Focaccia 13.95

Trae's on the Ranch Wrap

Grilled Chicken, Bacon, Tomato, Colby Jack Cheese, Ranch dressing 12.95

Jim's Chicken Wrap

Grilled Chicken, Bacon, Tomato, Caramelized Onion, Colby Jack Cheese, Honey Mustard 12.95

Chicken Salad Sandwich or Wrap

Our Locals Favorite!
Homemade with Red Grapes, Local Honey, Mayonnaise.
Multigrain toast, Wheat, or White Wrap 11.75

Sandwich Extras: Jalapenos, lettuce & tomato, fried or raw onion or X-tra Dressing 1.00
Portabella mushrooms or Caramelized Onion 1.00 Avocado 2.50 Roasted Reds 1.50 Homemade Pesto 1.50
Vegan Cheese 1.50 Bacon 4 Side of Homemade Salsa Fresca 1.50
Sub Bagel or Focaccia on any sandwich 1.00 Sub Gluten free bread 1.5 Sub Gluten Free Tortilla 1.00

“Sea” Food & Eat It!

Chicken Tender Platter

5 plump Chicken Tenders, Crispy Fries & Coleslaw. Honey Mustard or Barbecue Sauce
12.50

Chicken Salad BLT

Homemade Chicken Salad, Bacon, Lettuce, Tomato On Italian Herb Focaccia Sweet Potato Fries
15.50

Costa Rican Shrimp N Grits

Shrimp n Grits Chorizo Sausage Homemade Salsa Fresca, Colby Jack Cheese
16.50

Coconut Shrimp Platter

5 succulent Coconut Shrimp, Homemade Pineapple Mango Salsa, Sweet Spicy Chili Sauce. Crispy Fries & Cole Slaw
14.50

Frank's Fish Sandwich

Fried or Blackened Flounder 12.95
Grilled or Blackened Mahi Mahi 13.95
Siracha Mayo, Lettuce, Tomato, Country White Bun

Paula's Fish & Chips Platter

Breaded Fried Filet of Flounder, Malt Vinegar or Tartar. Crispy Fries & Homemade Slaw
14.95

Tucker's Taco Platter With Crispy Fries

Choose blackened: Shrimp 13. Mahi 14. Ahi Tuna 15.
Two Soft Corn Tacos, Avocado, Colby Jack cheese
Homemade Pineapple Mango Salsa

Crab Cake Sandwich Grilled or fried, Lettuce, Tomato on a Brioche bun.
Cocktail or Tartar 15.95

Richie's Fish Burrito

Blackened Mahi, Black Bean Corn Salsa, Avocado, Salsa Fresca, Coleslaw, Plantains, Colby Jack Cheese & Lizano Salsa
15.25

Crab & Shrimp Salad Wrap

Homemade Crab & Shrimp Salad Lettuce, Tomato, a Hint of Curry!
Wheat or White Wrap 17.50

Bowls

Tico Chicken Bowl

Rice & Beans, Grilled Chicken, Salsa Fresca, Avocado, Colby Jack, Siracha Mayo
14.75

Costa Rican Casado Bowl

Rice & beans, Plantains, Avocado, Salsa Fresca Drizzled Lizano Salsa
12.75

Quinoa Veggie Bowl

Quinoa, Grilled Veggies, Vegan Sausage, Avocado, Drizzled Sesame Ginger Sauce
14.75

Southern Chicken Bowl

Buffalo Chicken Tenders, Grape Tomatoes, Black Bean Corn Salsa over Cheese Grits Drizzled With Blue Cheese
13.95

Bang Bang Shrimp and Chicken Bowl

Rice & Beans, Onions, peppers Sour Cream, Salsa, Colby Jack Drizzled Sweet Chili Sauce
18.50

Add: Goat Cheese or Feta Cheese +2 Grilled Chicken +7 Vegan Chicken +7 Flounder +7. Salmon +12. Shrimp +8
Jalapenos 1.50 Grilled Veggies +3.5 Vegan Sausage +6 Add Vegan Cheese 1.5 Blackened Tuna Bites +10. Mahi +9

Quesadillas

Served With Homemade Salsa Fresca & Sour Cream

Ava's Chicken Quesadilla

Onions, Peppers, Tomato, Colby Jack Cheese. 13.50

Caribbean Quesadilla

Black Beans & Rice, Plantains, Pineapple Mango Salsa, Cheddar Jack cheese 12.50

Add: Chicken +7.
Vegan Chicken +7.
Blackened Flounder +7.
Salmon +7.



Kahuna's Grill

Cheeseburger

Fat Juicy Sirloin Pure Beef burger! Lettuce, Tomato, Chips & Pickle 11.50

Bacon Cheeseburger 13.95

ADD: Caramelized Onion +1.00
Mushrooms +1.00
Avocado +2.50

Noah's Ark ... Land & Sea Burger

Fat Juicy Burger, Melted cheese, Lettuce, Tomato, Homemade BV Crab Cake 19.95

Grilled Cheese

On Texas Toast 7.50
Add Tomato +1.00 Add bacon + 4

Bella Vida Café

A Local Café with . . .

A Wholesome Aroma

Dinner Menu

B.Y.O.B.

Serving Breakfast, Lunch & Dinner

Take Out ~ Private Parties ~ Party Trays

Vegan, Vegetarian & Gluten Free Friendly

Outdoor Pura Vida Dining Room & Pampered Pooch Patio

Bella Vida means "Beautiful Life"

Our prayer is that all who dine with us would experience,

"Beautiful Life" John 3:16 <><

Please let your server know of any allergies!

We will try our best to customize most any menu item to suit your dietary preferences. Please discuss our Vegan, Vegetarian and Gluten Free options with your server who will be happy to assist you!



In The Beginning

Eggplant Caprese with Jersey Tomato

Fried tender Eggplant, tomato
Fresh Mozzarella, basil stacked
Drizzled Balsamic glaze &
Homemade pesto 11.50

Maddie's Plantain Bites

Topped w/ black bean corn salsa &
Drizzled Costa Rican Lizano salsa 9.50

Chicken Tenders

Choose honey mustard or barbecue
6PC-9.50 8PC-11.50 10PC-13.50

Mozzarella Sticks

Served with marinara
6pc-9.50 8 pc-10.50 10pc-12.50

Veggie Spring Rolls

Served with a garlic, ginger soy
dipping sauce
6pc- 8.95 12pc- 14.95

Linda's Loaded Fries

Crispy seasoned fries, garlic, bacon,
Jalapenos, melted Colby Jack cheese
And ranch dressing 9.95

Costa Rican Shrimp N Grits App

Where Caribbean meets the South!
Chorizo sausage, blackened shrimp,
Homemade Salsa Fresca over grits
Topped with cheese 11.50

Homemade Crab Cake

Grilled or Fried. Sitting on a bed of
Arugula Served with cocktail or
Tartar sauce 14.50

Blackened Ahi Tuna Bites

On a bed of Arugula, topped with
Homemade black bean corn salsa
Costa Rican Lizano drizzle 13.75

Monge Dusted Calamari

Tender calamari rings lightly
Battered, flash fried & served with a
Sweet chili dipping sauce 12.50

Britt's Coconut Shrimp

Five succulent flash-fried
Coconut Shrimp, homemade
Pineapple mango salsa.
Sweet spicy chili Sauce drizzle 12.25

Lobster Mac n Cheese Bites

Blush Dipping Sauce 13.95

Bang Bang Shrimp

6pc.-9.95 10pc- 12.95 20pc.-
26.95

Buffalo Calamari

Flash fried & tossed With
Jalapenos, Tomatoes,
homemade Buffalo Sauce And
drizzled bleu cheese 13.95

Crab Croquettes

Sriracha mayo 12.95

Zuppa

Black Bean Soup

Garnished with Avocado
Cup 3.5 Bowl 4.5

Creamy Crab Soup

A delicious house favorite!
Cup 7. Bowl 8.5

Ensaladas

Arugula, Beets & Goat Cheese

Sweet meets savory!
Arugula, roasted beets, goat cheese
Sprinkled with candied walnuts
And dried cranberries 12.5 Petit 8.50

Add: Grilled Salmon +12 Ahi Tuna +10
Grilled Chicken +7 Vegan Chix +6

Cissy's Caesar Salad

Fresh crisp romaine lettuce & croutons,
Tossed with a creamy Caesar dressing
Parmesan cheese
Petit 4.95 Full Size 8.95

Add: Grilled Chicken +7
Coconut Shrimp +8
Grilled Salmon +12

Garden Salad

Fresh crispy lettuce, carrots,
Tomato, red onion and cucumber
Petit 4.95 Full Size 8.95

Quinoa Plato

Grilled broccoli & asparagus, carrots,
Tomatoes, avocado & black bean corn salsa
On mixed greens, sesame ginger dressing 14.25

Add: Mahi Mahi 9.
Ahi Tuna +10.
Grilled Salmon +12.

Blackened Ahi Tuna Ensalada

Blackened Ahi Tuna, mixed greens,
Cucumber, avocado, tomato, goat cheese
Our house Locatelli Herb dressing 23.

Melissa's C.M. Seafood Salad

Crab, shrimp, scallops and avocado
Over mixed greens. Homemade
Pineapple mango salsa 25.95

Mermaid Margaret's Salad

Homemade Crab & shrimp salad
On a bed of mixed greens avocado,
Tomato, Colby jack cheese 19.95

From Our Cucina

All pasta dishes served with dinner rolls and butter
Add garden salad with our house dressing 2.50

Filet Mignon

Tender and melt in your mouth delicious!
Drizzled with garlic herb butter
Served with goat cheese mashed
Potatoes and veggie du jour 35.95

Chicken Francaise

A lemony, sautéed chicken cutlet finished
A smooth white wine sauce, capers, grape tomatoes
Served with potato and veggie du jour 23.95

Good Ole' Fashioned Pot Roast

Sloooooow roasted and served over creamy mashed
Potatoes with veggie du jour.
Topped with mushroom brown gravy. 21.95

Bone in Pork Chop

Topped with caramelized onions,
Goat cheese and balsamic glaze drizzle, veggie du
Jour and mashed potatoes 28.

Chicken Parmigiana

Tender, breaded Chicken. Homemade
Italian Gravy, lavished with Mozzarella &
Locatelli cheese over linguini 22.95

Eggplant Parmesan

Tender breaded Eggplant Topped with
Homemade Italian gravy and lavished With
Mozzarella & Locatelli cheese over linguini 19.95

Endless "Pastabilities"

Design your own Pasta Dish! All pasta dishes topped with Locatelli
Cheese. Served with dinner rolls, butter 14.95
Add garden salad with our house dressing 2.50



Choose your
Pasta:

Choose your
Sauce:

Gluten Free

GF Pasta \$2.
GF Ravioli \$2.

Italian Gravy
Bolognese
(meat sauce)

Linguini
Angel Hair
Gnocchi

Alfredo
Blush Sauce
Scampi Sauce

Spinach & Cheese Ravioli
Cheese Ravioli
Elbow Macaroni

Pesto Fra Diavolo
Aglio e Olio
Butter Sauce



Add to any Pasta dish:

Meat

Chicken 7.
Chorizo Sausage 4.
Meatballs 4.
Ham 3.
Bacon 4.

Seafood

Shrimp 8.
Crab 10.
Scallops 12.

Veggies 3.

Broccoli
Roasted Red Peppers
Caramelized Onions
Asparagus
Mushrooms
Spinach or Arugula
Grape Tomatoes

BV Unique

Vegan Sausage 5.
Tempeh 6.
Fakin' Bacon 5.
Vegan Cheese 3.
Goat Cheese 3.
Vegan Chicken 5.

Flatbread Pizza

Barbecue Chicken Flatbread

Chicken, Sweet & spicy barbecue sauce
Mozzarella, & caramelized onions 13.50

Caprese Flat bread

Sliced tomatoes, spinach, pesto,
Fresh Mozzarella cheese, drizzled
Balsamic glaze 12.50
Add shrimp 8.00

Shrimp n Veggie Flatbread

Mushrooms, Spinach, Caramelized Onion,
Goat Cheese, Ranch & Balsamic Drizzle 15.
Vegan cheese + 1.50

Bang Bang Shrimp & Chix Bowl

Rice & Beans,
Onions, peppers
Sour Cream &
Salsa, Colby Jack
Drizzled w/ Sweet
Chili sauce 18.50

Bowls

Tico Chicken Bowl

Rice N beans, Grilled chicken,
Salsa fresca, avocado, Colby jack
Cheese, Siracha Mayo 14.50
Sub Vegan Chix 3. Add Jalapenos .50

Quinoa Veggie Bowl

Quinoa topped with grilled veggies,
Vegan sausage and avocado
Drizzled sesame ginger sauce 13.95

Costa Rican Casado Bowl

Rice N beans, plantains, avocado,
Salsa fresca drizzled with Lizano salsa 11.50

Add: Chicken 7 Vegan Chicken or V. Sausage 5. Shrimp 8.
Flounder 7. Salmon 12. Ahi Tuna 10. Grilled veggies 3.



From Our Sea

Served with dinner rolls and butter
Add garden salad with our house dressing 2.50

Emelia's Special

Tomatoes, fresh basil & garlic in a blush sauce tossed with
Potato gnocchi and sprinkled with Locatelli cheese. 16.95
Add: **Chicken 7. Scallops 10. Shrimp 8. Crab 9. Tempeh 7.**

Sesame Encrusted Ahi Tuna

Sesame encrusted Ahi Tuna served over mashed potato,
Asian seared veggies (carrots, portabella mushrooms,
caramelized onion and roasted red peppers) & garlic ginger soy sauce 27.95

Vermont Maple Salmon

Tender and moist as fish can be!
Glazed with our homemade Vermont Maple garlic ginger glaze.
Served with potato & veggie du jour 26.95

"Tour of the Sea"

Broiled Flounder filet, scallops, shrimp and a
Homemade crab cake cooked to perfection!
Served with potato & veggie du jour 29.95
Sub: **Salmon ~ Mahi Mahi or Ahi Tuna 5.**

Christopher's Bella Vida Crab Cakes

A "SHORE" Favorite... 2 Crab Cakes
Grilled or fried with cocktail or tartar sauce.
Served with potato & veggie du jour 29.95

Mahi Mahi oh My
Blackened Mahi, Grilled Shrimp
Homemade Pineapple Mango Salsa
Asparagus and Coconut Rice 29.95

**Crab Imperial Stuffed
Flounder**
Seared Scallops, veggie du Jour
Mashed Potatoes 36.95

Parmesan Herb Encrusted Flounder & Crab

Topped with a tomato, garlic white wine sauce
Fresh basil and capers.
Served over mashed potatoes. 26.95

Anela's an Angel of a Dish

Sautéed shrimp, scallops and arugula
In a white wine garlic sauce with goat cheese,
grape tomatoes and capers.
Served over Angel Hair pasta 27.95

Morgan's Medley of the Sea

Succulent shrimp, local scallops, crab, grape
Tomatoes & baby spinach
In a delectable white wine garlic sauce
Served over linguini or gnocchi 29.95

Seafood Fra Diavolo

Scallops, shrimp, jalapenos and
Fresh basil tossed in a spicy Italian gravy.
Served over linguini
Topped with Locatelli cheese. 27.95

Coconut Shrimp

Seven jumbo succulent shrimp flash fried
served W/ Pineapple mango salsa over rice &
beans Drizzled with sweet spicy chili sauce
21.95

Lobster & Cheese Ravioli

Tossed with Sautéed Shrimp,
Grape tomatoes, asparagus,
Blush sauce 34.95



The Garden of Eden

Veggie Medley Sauté

Seasonal fresh veggies the way you like them! 14.95

Choose:

Linguini Penne GF Pasta Angel Hair Gnocchi Quinoa Rice & Beans

Choose: Italian Gravy, homemade pesto, Aglio e Olio
Or Bella Vida's Ginger garlic soy sauce

Add:

Shrimp 8.
Salmon 12.
Chicken 7.

Crab 8.
Ahi Tuna 10.
Vegan Chicken 6.

Scallops 12.
Tempeh 7.
Vegan Sausage 6.

The Linda Christine

Portabella mushrooms, roasted reds,
caramelized onions, garlic spinach &
Mozzarella or Vegan cheese on
Italian Herb Focaccia 13.25
Add Vegan Chicken 6

Carlos's Tempeh Rueben

Marinated grilled Tempeh, Swiss or Vegan
Cheese, Sauerkraut and Russian dressing or
Vegenaise On grilled rye 13.95

Kristen's Vegan BLT

Avocado, fakin' bacon, lettuce, tomato
Vegenaise on multigrain toast 12.50

Tropical Delights

Add a side salad to above meals for 2.50

Costa Rican Shrimp & Grits

Blackened shrimp, Chorizo sausage, over grits
Topped with Salsa fresca & smothered with Colby
Jack cheese. A must-eat for grits fans! 21.95

Paula's Fish & Chips

Lightly breaded flounder,
Crispy fries and Homemade coleslaw
Served with malt vinegar or tartar 17.50

Fish Burrito Beau

Blackened Mahi, black bean corn salsa, avocado,
Salsa fresca, coleslaw, plantains, Colby Jack cheese
And Costa Rican Lizano Salsa 14.50

Land & Sea Burger

A fat & juicy all beef burger with melted cheese,
Lettuce and tomato and topped with
Homemade Bella Vida crab cake
Served with fries & homemade coleslaw 19.95

Caribbean Quesadilla Kenzie

Black beans & rice, plantains, pineapple mango salsa
And Cheddar Jack cheese 12.

Add: Chicken +7 **Vegan Chicken +6**
Blackened Flounder +7 **Salmon +12**

Trae's Taco Platter

Choose blackened:

Shrimp 13. Mahi 14. Ahi Tuna 15.
Two Soft Corn Tacos, Avocado, Colby Jack cheese
Homemade Pineapple Mango Salsa
Served with crispy fries

Island Style Christina

Plantains and homemade black bean corn salsa over Rice & beans,
topped with our homemade pineapple mango Salsa then drizzled with
a balsamic glaze & Toasted coconut 14.95

With: Shrimp +8 **Flounder +7**
Salmon +12 **Ahi Tuna +10**
Chicken +7 **Vegan Chicken +6**

PLATE SHARING CHARGE 5.

Kids Menu



- Cheese Pizza Flatbread 8.95
- Grilled Cheese & Fries 7.95
- Linguini with butter & cheese 7.50
- Spaghetti & Meatball 9.95
- Cheese Raviolis 9.95
- Chicken Tenders & Fries 9.50
- Cheeseburger & Fries 9.95
- Mac n Cheese 8.95
- Cheese Quesadilla 8.95



Life is short eat Dessert First!

Remember when you share a dessert it only has half the calories!



♥ Lemon Mascarpone Cheese Sponge cake

Light airy and lemony! Our luscious Limoncello Mascarpone cake is a rich combination of Sicilian lemon infused sponge cake & Italian mascarpone. Perfect combination of sweet and tart. Topped with shaved white chocolate! 6.75

♥ Islander Key Lime Pie

This refreshingly light, chifony treat is made with authentic Nellie and Joe's Key West Lime Juice. Baked in a graham cracker butter crust & iced with real whipped cream 7.00



♥ Chocolate Lava Fudge Cake

Rich & moist cake filled w/ a creamy, dark & dense chocolate center! 6.00

♥ Peanut Butter Cup Chocolate Cake

Our Chocolate Peanut Butter Pie is full of dark chocolate and peanut butter mousse and Reese's® Peanut Butter Cups. The popular candy bar in a pie! 6.25



♥ Daiya Strawberry New York Cheese Cake

Dairy Free, Gluten Free, Soy Free. Rich, velvety and deeply satisfying. A delicious, guilt-free indulgence infused with real vanilla and lots of dairy-free love. A taste SO luxurious it redefines sweet temptation — and the number of excuses you need to justify another bite 6.50



♥ Death by Chocolate Torte

To die for! Flourless, gluten free and melt in your mouth, ever so chocolaty! 6.50



Juice

OJ ~ V-8 ~ Apple ~ Cranberry 3.25

Breakfast Cocktail du Jour
(Ask your server) 5.50

Carrot Juice 5.

Organic Orange Mango 4.25

Coffee Etcetera...

Enjoy our Bottomless cup of Costa Rican Coffee

COSTA RICAN ARABICA COFFEE

Bella Vida's own unique roast!
Every pot freshly ground 3.25

Hot Tea Regular, Herbal or Decaf 3.25

Hot Chocolate Topped with whipped cream 3.75

MILK 3.25

Almond Milk 3.25

Chocolate Milk 3.75

Sub almond milk 1.

Unsweetened Ice Tea 3.25



Fountain Soda

One Re-fill is our pleasure! 3.25

- | | |
|----------------------|----------------------|
| * Rootbeer | * Coke |
| * Sprite | * Diet Coke |
| * Club Soda | * Ginger ale |
| * Lemonade | * Iced Tea |
| * Raspberry Lemonade | * Raspberry Iced Tea |

Check in and LIKE us on Facebook or Instagram @bellavidagardencafe

Make a Reservation at bellavidacafe.com

Join Fivestars our loyalty program & receive points for your purchases

Text Bella777 to 5STARS (578-277) to join

- ♥ As you rack up points, you earn great rewards -- which means free items or discounts!
- ♥ After joining sign your phone# at the bottom of your check & your server enters your points
- ♥ Enter your birthdate in Fivestars and get your Birthday percent off your meal!

Water

Natural Spring Water

Still or Sparkling
Small 3.50 and Large 7.00

Vita Coco Coconut Water 4.50

Spindrift Sparkling Water 3.50

Generic Bottled Water 2.00

The Espresso Bar

We use Costa Rican Arabica Coffee Beans

SINGLE SHOT 3. **DOUBLE** 4.50
Sub Almond Milk Add 1.

CAFÉ LATTE

Espresso, velvety steamed milk & light foam 5.25

CAPPUCCINO

Espresso, velvety steamed milk,
Ample foam. Sprinkled w/ cinnamon 5.25

DIRTY SPICED CHAI LATTE

Espresso, Spiced Chai and velvety steamed milk
Topped with whipped cream 5.75

VANILLA CHAI CAFÉ LATTE

Words simply can't describe this spicy,
Yet reserved coffee phenomena!
Espresso, Chai and velvety steamed milk
Topped with whipped cream 5.75

MOCHACCINO

Espresso, rich chocolate & steamed milk
Topped with whipped cream 5.75

CARAMEL MACCHIATO

Vanilla Latte topped with sweet caramel 5.75

**ADD A FLAVOR SHOT TO ANY ESPRESSO DRINK,
OR COFFEE 1.**

Chocolate	Vanilla	Hazelnut
Caramel	Raspberry	

SEASONAL: Pumpkin Pie Spice ~ Peppermint ~ Gingerbread

Take a Bella Vida gift home with you!

Bella Vida Tee Shirts and Zip up Hoodie

Costa Rican Lizano Salsa 14.99

Costa Rican Coffee- Our Own Special Roast 14.99

Bella Vida Coffee Mugs 6.95

Gift Cards



**Book a party at Bella Vida or let us cater yours!
Party trays also available.**

Thank you for the privilege of Serving YOU!