

Bella Vida Café

A Local Café with . . .

A Wholesome Aroma

Dinner Menu

B.Y.O.B.

Serving Breakfast, Lunch & Dinner

Take Out ~ Private Parties ~ Party Trays

Vegan, Vegetarian & Gluten Free Friendly

Outdoor Pura Vida Dining Room & Pampered Pooch Patio

Bella Vida means "Beautiful Life"

Our prayer is that all who dine with us would experience,

"Beautiful life" John 3:16 <><

Please let your server know of any allergies!

We will try our best to customize most any menu item to suit your dietary preferences. Please discuss our Vegan, Vegetarian and Gluten Free options with your server who will be happy to assist you!



In The Beginning

Eggplant Caprese With Jersey Tomato

Fried tender Eggplant & tomato stacked
With fresh Mozzarella and basil drizzled
With a Balsamic glaze & homemade pesto 10.95

Maddie's Plantain Bites

Topped w/ black bean corn salsa &
Drizzled w/ Costa Rican Lizano salsa 8.95

Veggie Spring Rolls

Served with a garlic, ginger soy
dipping sauce
6pc- 8.95 12pc- 14.95

Linda's Loaded Fries

Crispy seasoned fries, garlic, bacon,
Jalapenos, melted Colby Jack cheese
And ranch dressing 9.95

Chicken Tenders

Choose honey mustard or barbecue
6PC-8.25 8-10.50 10-12.95

Bang Bang Shrimp
6pc-9.95 10pc-12.95
20pc-26.95

Buffalo Calamari
Flash fried & tossed With
Jalapenos, Tomatoes,
homemade Buffalo Sauce
And drizzled
With bleu cheese 13.95

Costa Rican Shrimp N Grits App

Where the Caribbean meets the South!
Chorizo sausage, blackened shrimp & Salsa
Fresca over grits Topped with cheese 10.95

Homemade Crab Cake

Grilled or Fried. Sitting on a bed of
Arugula Served with cocktail or
Tartar sauce 14.50

Blackened Ahi Tuna Bites

On a bed of Arugula, topped with
Homemade black bean corn salsa &
Drizzled with Costa Rican Lizano 13.50

Monge Dusted Calamari

Tender calamari rings lightly
Battered, flash fried & served with a
Sweet chili dipping sauce 12.50

Mozzarella Sticks

Served with marinara
6pc-8.25 8 pc-10.50 10pc-12.50

Britt's Coconut Shrimp

Five succulent coconut shrimp. Flash Fried and
served with-Homemade pineapple mango salsa.
Drizzled w/ Sweet and spicy chili Sauce 11.95

Ensalada y Zuppa

Arugula, Beets & Goat Cheese

Sweet meets savory!
Arugula, roasted beets, goat cheese
Sprinkled with candied walnuts
And dried cranberries 12.50 Petit 8.50

Top with: Salmon +12 Ahi Tuna +10
Grilled Chicken +7 Vegan Chix +6

Cissy's Caesar Salad

Fresh crisp romaine lettuce & croutons,
Tossed with a creamy Caesar dressing &
Parmesan cheese
Full Size 8.95 Petit 4.95

Top with: Grilled Chicken +7
Coconut Shrimp +8
Grilled Salmon +12

Garden Salad

Fresh crispy lettuce, carrots,
Tomato, red onion and cucumber
Full Size 8.95 Petit 4.95

Quinoa Plato

Grilled broccoli & asparagus, carrots,
Tomatoes, avocado & black bean corn salsa
on a bed of mixed greens & drizzled with
sesame ginger dressing 14.
With Ahi Tuna +10. With Grilled Salmon +12.

Blackened Ahi Tuna Ensalada

Blackened Ahi Tuna, mixed greens,
Cucumber, avocado, tomato, goat cheese &
A side of our Locatelli Herb dressing 22.95

Melissa's C.M. Seafood Salad

Crab, shrimp, scallops and avocado
Over mixed greens and topped with
Homemade pineapple mango salsa 25.95

Mermaid Margaret's Salad

Our homemade Crab & shrimp salad
Sitting on a bed of mixed greens with
Avocado, tomato and Colby jack cheese 19.95

Zuppa

<p>Black Bean Soup Garnished with Avocado Cup 3.5 Bowl 4.5</p>	<p>Zuppa di Granchio! A delicious house favorite! Creamy Crab Soup Cup 7. Bowl 8.5</p>
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From Our Cucina

All pasta dishes served with dinner rolls and butter
Add garden salad with our house dressing 2.50

Filet Mignon

Tender and melt in your mouth delicious!
Drizzled with garlic herb butter
Served with goat cheese mashed
Potatoes and veggie du jour 34.95

Chicken Francaise

A lemony, sautéed chicken cutlet finished
With a smooth white wine sauce, capers & grape Tomato
Served with potato and veggie du jour 19.95

Chicken Parmigiana

Tender, breaded Chicken. Topped with
Homemade Italian gravy and lavished
With Mozzarella & Locatelli cheese over linguini 19.95

Good Ole' Fashioned Pot Roast

Sloooooow roasted and served over creamy mashed
Potatoes with veggie du jour.
Topped with mushroom brown gravy. 19.95

Eggplant Parmesan

Tender breaded Eggplant Topped with
Homemade Italian gravy and lavished With
Mozzarella & Locatelli cheese over linguini 17.95

Endless "Pastabilities"

Design your own Pasta Dish! All pasta dishes topped with Locatelli
Cheese. Served with dinner rolls, butter 14.95
Add garden salad with our house dressing 2.50



Choose your
Pasta:

Choose your
Sauce:

Gluten Free

GF Pasta \$2.
GF Ravioli \$2.

Italian Gravy
Bolognese
(meat sauce)

Linguini
Angel Hair
Gnocchi

Alfredo
Blush Sauce
Scampi Sauce

Spinach & Cheese Ravioli
Cheese Ravioli
Elbow Macaroni

Pesto
Aglio e Olio
Butter Sauce

Fra Diavolo



Add to any Pasta dish:

Meat

Chicken 7.
Chorizo Sausage 4.
Meatballs 4.
Ham 3.
Bacon 4.

Seafood

Shrimp 8.
Crab 10.
Scallops 12.

Veggies 3.

Broccoli
Roasted Red Peppers
Caramelized Onions
Asparagus
Mushrooms
Spinach or Arugula
Grape Tomatoes

BV Unique

Vegan Sausage 5.
Tempeh 6.
Fakin' Bacon 5.
Vegan Cheese 3.
Goat Cheese 3.
Vegan Chicken 6.

Flatbread Pizza

Barbecue Chicken Flatbread

Chicken, Sweet & spicy barbecue sauce
Mozzarella, & caramelized onions 12.95

Caprese Flat bread

Sliced tomatoes, spinach, pesto & mozzarella.
Drizzled with a balsamic glaze 11.95
Add shrimp 8.00

Primavera Flatbread

Assorted grilled veggies, marinara and
mozzarella 10.95 Vegan cheese + 1.50

Cheese Pizza Flatbread

Marinara & mozzarella cheese 8.95
Vegan cheese + 1.50

Bang Bang Shrimp & Chix Bowl

Rice & Beans,
Onions, peppers
Sour Cream &
Salsa, Colby Jack
Drizzled w/ Sweet
Chili sauce 18.

Bowls

Tico Chicken Bowl

Rice and beans, Tender Grilled chicken,
Salsa fresca, avocado, Colby jack cheese,
Siracha Mayo 13.95

Sub Vegan Chicken 3. Add Jalapenos .50

Quinoa Veggie Bowl

Quinoa topped with grilled veggies,
Vegan sausage and avocado
Drizzled with a sesame ginger sauce 13.5

Costa Rican Casado Bowl

Rice & beans, plantains, avocado and salsa fresca
Drizzled with Lizano salsa 11.

Add: Chicken 7. Vegan Chicken 5. Shrimp 8. Flounder 7.
Salmon 12. Ahi Tuna 10. Grilled veggies 3. Vegan sausage 6.



From Our Sea

Served with dinner rolls and butter
Add garden salad with our house dressing 2.50

Emelia's Special

Tomatoes, fresh basil & garlic in a blush sauce tossed with Potato gnocchi and sprinkled with Locatelli cheese. 15.95
Add: **Chicken 7. Scallops 10. Shrimp 8. Crab 9. Tempeh 7.**

Sesame Encrusted Ahi Tuna

Sesame encrusted Ahi Tuna served over mashed potato, Asian seared veggies (carrots, portabella mushrooms, caramelized onion and roasted red peppers) & garlic ginger soy sauce 26.95

Vermont Maple Salmon

Tender and moist as fish can be!
Glazed with our homemade Vermont Maple garlic ginger glaze.
Served with potato & veggie du jour 25.95

"Tour of the Sea"

Broiled Flounder filet, scallops, shrimp and a Homemade crab cake cooked to perfection!
Served with potato & veggie du jour 29.95
Sub Salmon 5. Sub Ahi Tuna 4.

Christopher's Bella Vida Crab Cakes

A "SHORE" Favorite... 2 Crab Cakes
Grilled or fried with cocktail or tartar sauce.
Served with potato & veggie du jour 29.95

Parmesan Herb Encrusted Flounder & Crab

Topped with a tomato, garlic white wine sauce
Fresh basil & capers.
Served over mashed potatoes. 25.95

Anela's an Angel of a Dish

Sautéed shrimp, scallops and arugula
In a white wine garlic sauce with goat cheese,
grape tomatoes and capers.
Served over Angel Hair pasta 26.95

Morgan's Medley of the Sea

Succulent shrimp, local scallops, crab, grape
Tomatoes & baby spinach
In a delectable white wine garlic sauce
Served over linguini or gnocchi 28.95

Seafood Fra Diavolo

Scallops, shrimp, jalapenos and
Fresh basil tossed in a spicy Italian gravy. Served over
Linguini & topped with Locatelli cheese. 26.95

Shrimp Scampi

Succulent plump shrimp in a white wine,
Butter, garlic and lemon sauce. Sprinkled with
Locatelli cheese. Served over pasta or Quinoa.
Shrimp 23.95 Scallops 26.95

Pesto Shrimp & Chorizo Sausage

Luscious shrimp Chorizo sausage,
Broccoli, roasted red peppers and
Our homemade pesto
Served over linguini 22.95

Coconut Shrimp

Seven jumbo succulent shrimp flash fried served W/
Pineapple mango salsa over rice & beans Drizzled with
sweet spicy chili sauce 19.95



The Garden of Eden

Veggie Medley Sauté

Seasonal fresh veggies the way you like them! 14.95

Choose:

Linguini Penne GF Pasta Angel Hair Gnocchi Quinoa Rice & Beans

Choose: Italian Gravy, homemade pesto, Aglio e Olio
Or Bella Vida's Ginger garlic soy sauce

Add:

Shrimp 8.
Salmon 12.
Chicken 7.

Crab 8.
Ahi Tuna 10.
Vegan Chicken 6.

Scallops 12.
Tempeh 7.
Vegan Sausage 6.

Carlos's Tempeh Ryebein

Marinated grilled Tempeh, Swiss or Vegan cheese,
Sauerkraut and Russian dressing or Vegenaise
On grilled rye 12.95 Make it vegan 14.45

Veggie Burger Quesadilla

Homemade veggie burger, Rice, beans, avocado,
Tomato, Lizano Salsa and Colby jack cheese 13.95

The Linda Christine

Portabella mushrooms, roasted reds
Caramelized onions, garlic spinach &
Mozzarella or Vegan cheese on
Italian Herb Focaccia 12.95 Add Vegan Chicken 6.

Kristen's Vegan BLT

Avocado, fakin' bacon, lettuce, tomato
And vegenaise on multigrain toast 11.99

Tropical Delights

Vegan Cheese may be substituted
Add a side salad to above meals for 2.50

Costa Rican Shrimp & Grits

Blackened shrimp, Chorizo sausage, over grits
Topped with Salsa fresca & smothered with Colby Jack
cheese. A must-eat for grits fans! 21.95

Paula's Fish & Chips

Lightly breaded flounder,
Crispy fries and Homemade coleslaw
Served with malt vinegar or tartar 14.95

Fish Burrito Beau

Blackened Fish, black bean corn salsa, avocado,
Salsa fresca, coleslaw, plantains, Colby Jack cheese
And Costa Rican Lizano Salsa 13.95

Land & Sea Burger

A fat & juicy all beef burger with melted cheese,
Lettuce and tomato and topped with our
Homemade Bella Vida crab cake
Served with fries & homemade coleslaw 19.95

Caribbean Quesadilla Kenzie

Black beans & rice, plantains, pineapple mango salsa
And Cheddar Jack cheese 12.

Add: Chicken 16. Vegan Chicken 18.
Blackened Flounder 17. Salmon 19.

Cheese Burger Delight

An all-beef burger stacked with lettuce & tomato
Served with fries and coleslaw 11.95
Add Bacon 13.95

Trae's Taco Platter

Two soft tacos Choose: Blackened Shrimp 13. Or Ahi Tuna 16.
With avocado, pineapple mango salsa and Colby Jack Cheese
Served with crispy fries

Island Style Christina

Plantains and homemade black bean corn salsa over Rice & beans,
topped with our homemade pineapple mango Salsa then drizzled with
a balsamic glaze & Toasted coconut 14.95

With: Shrimp +8 Flounder +7
Salmon +12 Ahi Tuna +10
Chicken +7 Vegan Chicken +6

PLATE SHARING CHARGE \$5.00



Desserts

- ♥ **Lemon Mascarpone Cheesecake** 6.75
Light airy and lemony!
- ♥ **Chocolate Peanut Butter Pie** 6.25
- ♥ **Daiya NY Vegan Cheese Cake** 6.50
- ♥ **Chocolate Torte** 6.50
- ♥ **Red Velvet Layer Cake** 6.50
- ♥ **Apple Crumb** 6.50

Kidz

- ♥ **Pizza Flatbread** 8.95
- ♥ **Grilled Cheese + Fries** 7.95
- ♥ **Linguini with butter + cheese** 7.50
- ♥ **Spaghetti + Meatball** 8.95
- ♥ **Cheese Raviolis** 8.95
- ♥ **Chicken Tenders + Fries** 9.50
- ♥ **Cheeseburger + Fries** 8.95
- ♥ **Mac n Cheese** 8.95