

# Bella Vida Café

A Local Café with . . .

A Wholesome Aroma

## Dinner Menu

B.Y.O.B.

Serving Breakfast, Lunch & Dinner

Take Out ~ Private Parties ~ Party Trays

Vegan, Vegetarian & Gluten Free Friendly

Outdoor Pura Vida Dining Room & Pampered Pooch Patio

Bella Vida means "Beautiful Life"

Our prayer is that all who dine with us would experience,

"Beautiful life" John 3:16 <><

Please let your server know of any allergies!

We will try our best to customize most any menu item to suit your dietary preferences. Please discuss our Vegan, Vegetarian and Gluten Free options with your server who will be happy to assist you!



# In The Beginning

## Eggplant Caprese with Jersey Tomato

Fried tender Eggplant & tomato stacked  
With fresh Mozzarella and basil drizzled  
With a Balsamic glaze & homemade pesto 10.95

## Maddie's Plantain Bites

Topped w/ black bean corn salsa &  
Drizzled w/ Costa Rican Lizano salsa 8.95

## Veggie Spring Rolls

Served with a garlic, ginger soy  
dipping sauce 8.50  
6pc- 8.95 12pc- 14.95 24pc-27.95

## Linda's Loaded Fries

Crispy seasoned fries, garlic, bacon,  
Jalapenos, melted Colby Jack cheese  
And ranch dressing 9.95

## Chicken Tenders

Choose honey mustard or barbecue  
6-8.25 8-10.50 10-12.95

## Honey Hot Chicken Wings

Served with Bleu Cheese  
dipping sauce And celery  
6-8.95 10-11.95 20-25.95

## Buffalo Calamari

Flash fried & tossed With  
Jalapenos, Tomatoes,  
homemade Buffalo Sauce  
& drizzled With bleu  
cheese 11.95

## Costa Rican Shrimp N Grits App

Where the Caribbean meets the South!  
Chorizo sausage, blackened shrimp & Salsa  
Fresca over grits Topped with cheese 9.95

## Homemade Crab Cake

Grilled or Fried. Sitting on a bed of  
Arugula Served with cocktail or  
Tartar sauce 11.50

## Blackened Ahi Tuna Bites

On a bed of Arugula, topped with  
Homemade black bean corn salsa &  
Drizzled with Costa Rican Lizano 12.50

## Monge Dusted Calamari

Tender calamari rings lightly  
Battered, flash fried & served with a  
Sweet chili dipping sauce 9.95

## Mozzarella Sticks

Served with marinara  
6pc-8.25 8 pc-10.50 10pc-12.50

## Britt's Coconut Shrimp

Five succulent coconut shrimp. Flash Fried and  
served with-Homemade pineapple mango salsa.  
Drizzled w/ Sweet and spicy chili Sauce 10.95

# Ensalada y Zuppa

## Arugula, Beets & Goat Cheese

Sweet meets savory!  
Arugula, roasted beets, goat cheese  
Sprinkled with candied walnuts  
And dried cranberries 12.5

Petit 8.50

**TOP with: Salmon** 19.50 **Ahi Tuna** 20.95  
**Grilled Chicken** 16.50 **Vegan Chix** 18.50

## Quinoa Plato

Grilled broccoli & asparagus, carrots,  
Tomatoes, avocado & black bean corn salsa  
on a bed of mixed greens & drizzled with  
sesame ginger dressing 15.

**With Ahi Tuna** 23. **With Grilled Salmon** 21.

## Blackened Ahi Tuna Ensalada

Blackened Ahi Tuna, mixed greens,  
Cucumber, avocado, tomato, goat cheese &  
A side of our Locatelli Herb dressing 18.95

## Melissa's C.M. Seafood Salad

Lump Crab, shrimp, scallops and avocado  
Over mixed greens and topped with  
Homemade pineapple mango salsa 19.95

## Mermaid Margaret's Salad

Our homemade Crab & shrimp salad  
Sitting on a bed of mixed greens with  
Avocado, tomato and Colby jack cheese 16.95

## Cissy's Caesar Salad

Fresh crisp romaine lettuce & croutons,  
Tossed with a creamy Caesar dressing &  
Parmesan cheese

Full Size 8.95 Petit 4.95

**Top with: Grilled Chicken** 13.95  
**Coconut Shrimp** 14.95  
**Grilled Salmon** 15.95

## Garden Salad

Fresh crispy lettuce, carrots,  
Tomato, red onion and cucumber  
Full Size 8.95 Petit 4.95

## Zuppa

### Black Bean Soup

Garnished with Avocado  
Cup 3.5 Bowl 4.5

### Zuppa di Granchio!

**A delicious house favorite!**  
Creamy Jumbo lump crab soup  
Cup 6. Bowl 7.5

# From Our Cucina

All pasta dishes served with dinner rolls and butter  
Add garden salad with our house dressing 2.50

## Filet Mignon

Tender and melt in your mouth delicious!  
Drizzled with garlic herb butter  
Served with goat cheese mashed  
Potatoes and veggie du jour 32.95

## Chicken Francaise

A lemony, sautéed chicken cutlet finished  
With a smooth white wine sauce, capers & grape Tomato  
Served with potato and veggie du jour 18.95

## Chicken Parmigiana

Tender, breaded Chicken. Topped with  
Homemade Italian gravy and lavished  
With Mozzarella & Locatelli cheese over linguini 18.95

## Good Ole' Fashioned Pot Roast

Sloooooow roasted and served over creamy mashed  
Potatoes with veggie du jour.  
Topped with mushroom brown gravy. 17.95

## Eggplant Parmesan

Tender breaded Eggplant Topped with  
Homemade Italian gravy and lavished With  
Mozzarella & Locatelli cheese over linguini 16.95

## Endless "Pastabilities"

Design your own Pasta Dish! All pasta dishes topped with Locatelli  
Cheese. Served with dinner rolls, butter 14.95  
Add garden salad with our house dressing 2.50



Choose your  
Pasta:

Choose your  
Sauce:

### Gluten Free

GF Pasta \$2.  
GF Ravioli \$2.

Italian Gravy  
Bolognese  
(meat sauce)

Linguini  
Angel Hair  
Gnocchi

Alfredo  
Blush Sauce  
Scampi Sauce

Spinach & Cheese Ravioli  
Cheese Ravioli  
Elbow Macaroni

Pesto  
Aglio e Olio  
Butter Sauce

Fra Diavolo



## Add to any Pasta dish:

### Meat

Chicken 4.  
Chorizo Sausage 4.  
Meatballs 3.  
Ham 3.  
Bacon 3.

### Seafood

Shrimp 6.  
Jumbo Lump Crab 8.  
Scallops 9.  
Salmon 7.  
Flounder 5.  
Ahi Tuna 8.

### Veggies 3.

Broccoli  
Roasted Red Peppers  
Caramelized Onions  
Asparagus  
Mushrooms  
Spinach or Arugula  
Grape Tomatoes

### BV Unique

Vegan Sausage 5.  
Tempeh 6.  
Fakin' Bacon 5.  
Vegan Cheese 3.  
Goat Cheese 3.  
Vegan Chicken 6.

## Flatbread Pizza

### Barbecue Chicken Flatbread

Chicken, Sweet & spicy barbecue sauce  
Mozzarella, & caramelized onions 11.95

### Caprese Flat bread

Sliced tomatoes, spinach, pesto & mozzarella.  
Drizzled with a balsamic glaze 10.95  
Add shrimp 6.00

**Primavera Flatbread** Assorted grilled veggies,  
marinara & mozzarella 10.95 Vegan cheese + 1.50

### Cheese Pizza Flatbread

Marinara & mozzarella cheese 8.95  
Vegan cheese + 1.50

## Bowls

### Tico Chicken Bowl

Rice and beans, Tender Grilled chicken,  
Salsa fresca, avocado, Colby jack cheese,  
Siracha Mayo 12.95  
Sub Vegan Chicken 3. Add Jalapenos .50

### Quinoa Veggie Bowl

Quinoa topped with grilled veggies,  
Vegan sausage and avocado  
Drizzled with a sesame ginger sauce 13.25

### Costa Rican Casado Bowl

Rice & beans, plantains, avocado and salsa fresca  
Drizzled with Lizano salsa 10.95  
**Add:** Chicken 5. Vegan Chicken 5. Shrimp 6. Flounder 7.  
Salmon 7. Ahi Tuna 8. Grilled veggies 3. Vegan sausage 6.



# From Our Sea

Served with dinner rolls and butter  
Add garden salad with our house dressing 2.50

## Emelia's Special

Tomatoes, fresh basil & garlic in a blush sauce tossed with  
Potato gnocchi and sprinkled with Locatelli cheese. 15.95  
Add: **Chicken 5. Scallops 9. Shrimp 6. Jumbo Lump Crab 7. Tempeh 7.**

## Sesame Encrusted Ahi Tuna

Sesame encrusted Ahi Tuna served over mashed potato,  
Asian seared veggies (carrots, portabella mushrooms,  
caramelized onion and roasted red peppers) & garlic ginger soy sauce 24.95

## Vermont Maple Salmon

Tender and moist as fish can be!  
Glazed with our homemade Vermont Maple garlic ginger glaze.  
Served with potato & veggie du jour 23.95

## "Tour of the Sea"

Broiled Flounder filet, scallops, shrimp and a  
Homemade crab cake cooked to perfection!  
Served with potato & veggie du jour 24.95  
**Sub Salmon 26.95    Sub Ahi Tuna 27.95**

## Christopher's Bella Vida Crab Cakes

A "SHORE" Favorite... 2 jumbo lump crab cakes  
Grilled or fried with cocktail or tartar sauce.  
Served with potato & veggie du jour 23.95

## Parmesan Herb Encrusted Flounder & Jumbo Lump Crab

Topped with a tomato, garlic white wine sauce  
Fresh basil & capers.  
Served over mashed potatoes. 23.95

## Anela's an Angel of a Dish

Sautéed shrimp, scallops and arugula  
In a white wine garlic sauce with goat cheese,  
grape tomatoes and capers.  
Served over Angel Hair pasta 24.95

## Morgan's Medley of the Sea

Succulent shrimp, local scallops, jumbo lump  
crab, grape tomatoes & baby spinach  
In a delectable white wine garlic sauce  
Served over linguini or gnocchi 25.95

## Seafood Fra Diavolo

Scallops, shrimp, jalapenos and  
Fresh basil tossed in a spicy Italian gravy. Served over  
Linguini & topped with Locatelli cheese. 24.95

## Shrimp Scampi

Succulent plump shrimp in a white wine,  
Butter, garlic and lemon sauce. Sprinkled with  
Locatelli cheese. Served over pasta or Quinoa.  
Shrimp 21.95    Scallops 24.95

## Pesto Shrimp & Chorizo Sausage

Luscious shrimp Chorizo sausage,  
Broccoli, roasted red peppers and  
Our homemade pesto  
Served over linguini 21.95

## Coconut Shrimp

Seven jumbo succulent shrimp flash fried served W/  
Pineapple mango salsa over rice & beans Drizzled with  
sweet spicy chili sauce 19.95



# The Garden of Eden

## Veggie Medley Sauté

Seasonal fresh veggies the way you like them! 14.95

**Choose:**

Linguini Penne GF Pasta Angel Hair Gnocchi Quinoa Rice & Beans

**Choose:** Italian Gravy, homemade pesto, Aglio e Olio  
Or Bella Vida's Ginger garlic soy sauce

**Add:**

Shrimp 6.  
Salmon 8.  
Chicken 5.

Jumbo Lump Crab 8.  
Ahi Tuna 8.  
Vegan Chicken 6.

Scallops 9.  
Tempeh 7.  
Vegan Sausage 6.

### Carlos's Tempeh Ryeben

Marinated grilled Tempeh, Swiss or Vegan cheese,  
Sauerkraut and Russian dressing or Vegenaise  
On grilled rye 12.95 Make it vegan 14.45

### Veggie Burger Quesadilla

Homemade veggie burger, Rice, beans, avocado,  
Tomato, Lizano Salsa and Colby jack cheese 13.95

### The Linda Christine

Portabella mushrooms, roasted reds  
Caramelized onions, garlic spinach &  
Mozzarella or Vegan cheese on  
Italian Herb Focaccia 12.95 Add Vegan Chicken 6.

### Kristen's Vegan BLT

Avocado, fakin' bacon, lettuce, tomato  
And vegenaise on multigrain toast 11.99

## Tropical Delights

Vegan Cheese may be substituted  
Add a side salad to above meals for 2.50

### Costa Rican Shrimp & Grits

Blackened shrimp, Chorizo sausage, over grits  
Topped with Salsa fresca & smothered with Colby Jack  
cheese. A must-eat for grits fans! 21.95

### Fish Burrito Beau

Blackened Fish, black bean corn salsa, avocado,  
Salsa fresca, coleslaw, plantains, Colby Jack cheese  
And Costa Rican Lizano Salsa 13.95

### Caribbean Quesadilla Kenzie

Black beans & rice, plantains, pineapple mango salsa  
And Cheddar Jack cheese 12.

**Add: Chicken 16. Vegan Chicken 18.**  
**Blackened Flounder 17. Salmon 19.**

### Paula's Fish & Chips

Lightly breaded flounder,  
Crispy fries and Homemade coleslaw  
Served with malt vinegar or tartar 14.95

### Land & Sea Burger

A fat & juicy all beef burger with melted cheese,  
Lettuce and tomato and topped with our  
Homemade Bella Vida crab cake  
Served with fries & homemade coleslaw 17.50

### Cheese Burger Delight

An all-beef burger stacked with lettuce & tomato  
Served with fries and coleslaw 11.95  
**Add Bacon 13.95**

### Trae's Taco Platter

**Two soft tacos Choose: Blackened Shrimp 13. Or Ahi Tuna 16.**  
With avocado, pineapple mango salsa and Colby Jack Cheese  
Served with crispy fries

### Island Style Christina

Plantains and homemade black bean corn salsa over Rice & beans,  
topped with our homemade pineapple mango Salsa then drizzled with  
a balsamic glaze & Toasted coconut 14.95

**With: Shrimp 20.95 Flounder 18.95**  
**Salmon 21.95 Ahi Tuna 22.95**  
**Chicken 18.95 Vegan Chicken 20.95**

PLATE SHARING CHARGE \$5.00



## *Desserts*

- ♥ **Lemon Mascarpone Cheesecake** 6.75  
Light airy and lemony!
- ♥ **Chocolate Peanut Butter Pie** 6.25
- ♥ **Daiya NY Vegan Cheese Cake** 6.50
- ♥ **Chocolate Torte** 6.50
- ♥ **Red Velvet Layer Cake** 6.50
- ♥ **Apple Crumb** 6.50

## *Kidz*

- ♥ **Pizza Flatbread** 8.95
- ♥ **Grilled Cheese + Fries** 7.95
- ♥ **Linguini with butter + cheese** 7.50
- ♥ **Spaghetti + Meatball** 8.95
- ♥ **Cheese Raviolis** 8.95
- ♥ **Chicken Tenders + Fries** 9.50
- ♥ **Cheeseburger + Fries** 8.95
- ♥ **Mac n Cheese** 8.95