

Chris is in the kitchen flippin'.

## Waffles N Such

Sprinkled with Powdered Sugar  
Served w/ Butter & Syrup

**Belgian or Sweet Potato** 7.25

Top with strawberries, blueberries or bananas add 1.50

**Egg-ceptional Waffle**

Waffle & 2 OE eggs on the side! 8.95  
Add bacon, ham or sausage 11.95

**A Monkey of A Waffle**

Topped with Chocolate Chips,  
Bananas, walnuts and  
Whip cream 9.50

**Good 'n Fruity Waffle**

Topped w/ Bananas,  
Blueberries, strawberries and  
whip cream 9.50  
ADD WALNUTS 1.



## Flapjacks

Sprinkled with Powdered Sugar  
Served w/ Butter & Syrup

**Buttermilk or Sweet Potato,  
Vegan or Gluten Free**

**Full Stack (3)** 7.50 **Half Stack (2)** 6.50

**Man-cakes & Eggs**

Flapjacks filled with sausage & bacon  
Served with two eggs OE! 11.25/13.25

**Chunky Monkey Flapjacks**

Chocolate chips, Bananas & Walnuts  
topped w/ Whipped Cream 9.50/10.50

**Fruity Flapjacks**

Bananas, Blueberries and  
Strawberries 9.50/10.50  
Add Walnuts 1.

**Chocolate Chip Jacks**

Topped with whip cream!  
Mmmm GOOD! 7.95/8.95

### BREAKFAST MEATS

**BACON, HAM, SAUSAGE, OR  
PORK ROLL** 3.25

**TURKEY BACON, FAKIN' BACON,  
HABBERSETT SCRAPPLE OR  
CHORIZO SAUSAGE** 3.99

**VEGAN SAUSAGE OR TEMPEH** 4.95

**Pure Warm Vermont Maple Syrup 2 oz** 2.75

## Texas French Toast

Sprinkled w/ powdered sugar &  
served w/ butter & syrup

### The BIG Kahuna

2 EGGS,  
2 FLAP JACKS  
2 STRIPS OF BACON  
1 SAUSAGE,  
HOME FRIES  
OJ OR COFFEE 12.50

**Full Stack** (3 pcs) 6.45

With A side of Bacon, Ham, Sausage or scrapple 9.5

**Half Stack** (2 PCS) 5.45

With A side of Bacon, Ham, Sausage or scrapple 8.50

**"Loaded" French Toast**

Topped with blueberries, strawberries, bananas,  
Topped with whipped cream 8.25/9.25  
Add walnuts 1.

**TWO FRUIT COMBO FRENCH TOAST** 8.25/9.25

**NUTELLA FRENCH TOAST**

Topped with strawberries and sprinkled with  
Powdered sugar, topped with whipped cream! 9/11

**TOP YOUR FRENCH TOAST W/ ICE-CREAM ADD 2.50**

### Hawaiian Breakfast

2 EGGS &  
GRILLED HAM TOPPED  
W/ OUR PINEAPPLE  
MANGO SALSA,  
GRITS & TOAST 10.25

### The Little Kahuna

2 EGGS  
2 SAUSAGE FILLED  
FLAP JACKS,  
HOMEFRIES  
OJ OR COFFEE 10.45

### Keiki Kahuna

1 EGG, 1 FLAPJACK  
2 PC BACON  
OJ OR COFFEE 9.25

## Breakfast Sandwiches

**Choose:** Plain or everything bagel,  
Italian Herb Focaccia, English Muffin, or  
Brioche Bun. Sub Gluten Free Bread 1.50

**Fried (1) Egg Sandwich** 2.99

Add Cheese 1.50 With Bacon, Ham, Scrap-  
ple, Sausage or Pork Roll 5.99  
With Tempeh, Fakin' Bacon, Turkey Bacon  
or Vegan Sausage 6.99

**Fried (2) Egg Sandwich** 3.99

Add Cheese 1.50  
With Bacon, Ham, Scrapple, Sausage or  
Pork Roll 6.99 With Tempeh, Fakin Bacon,  
Turkey Bacon or Vegan Sausage 7.99

**Taylor Pork Roll & Cheese**

on a Brioche Bun 7.50  
With lettuce & tomato .50 With red onion add .50

### Acai Bowl

Topped with fresh  
strawberries, banana,  
blueberries, granola,  
almond butter & honey  
12.95

### Maddie's Avocado Toast

On an Everything Bagel  
Homemade Pesto, sliced  
tomato with Fresh  
mozzarella! 9.25 Add  
Grilled Shrimp 5.  
Add 2 OE eggs 2.99

## On the Fruity Side!

**"Loaded" Oatmeal**

Topped w/ bananas, strawberries, blueberries,  
Walnuts, raisins, brown sugar & cinnamon 8.95

**Plain Oatmeal**

Sprinkled w/ cinnamon & brown sugar 5.99

**Peter's "Loaded" Yogurt**

Topped w/ bananas, strawberries,  
Blueberries, Walnuts, raisins & cinnamon  
Sprinkled with Granola 9.50

**Fresh Fruit Bowl**

Fresh hand cut and varies seasonally! 8.99

**Side of Fruit**

Fresh, hand cut & varies seasonally! 4.

**Loaded Chia Oat Bowl**

Protein packed chia with almond butter, oats, banana,  
Strawberries, blueberries, walnuts & raisins 11.25

**Banana Roll Up** banana, almond butter, granola,  
in a flour tortilla served w/ warm maple syrup 9.95



Please Remember....

"Good food takes time when its prepared with love!"

## The American Standard

Served with: Homefries, Grits or Sliced Tomato; 1 pc of white, rye or Multigrain toast

**One Egg 4.25 Two Eggs 5.25**

**Three Eggs 6.25** With a side of Bacon, ham, sausage or scrapple add 3.25

**Breakfast Burrito** Scrambled eggs, cheese, salsa, rice & Beans, wrapped in a flour tortilla Served w/ home fries, grits or sliced Tomato 9.95

With Avocado inside 11.45

## Meaty Breakfast Burrito

Same as above Choose one below

Bacon, Ham, Sausage, Turkey Bacon or Chorizo Sausage inside 12.95 Fakin' Bacon, Tempeh, or Vegan Sausage inside 13.45

## The Southern Belle

Country Fried Steak Topped with Creamed Chipped Beef, Served with Grits or Home Fries, 2 eggs any Style And toast 13.50

## Double Header

Two eggs, two Flapjacks, or French toast, homefries or Grits 9.25

## Creamed Chipped Beef

Homemade! Creamy chipped beef on Texas toast. Served w/ homfries 9.25

### BACON, EGGS & JACKS

2 EGGS, 2 FLAPJACKS & BACON 9.95

## The Costa Omelet

Home made Salsa Fresca, onions, Peppers and Colby Jack cheese 8.95

**Cheese omelet 7.25** With Bacon, Sausage or Pork Roll inside 9.50

## Greggy's Denver Omelet

Ham, onions, peppers and cheese 9.50

## Louisiana Nena

Chorizo sausage, onions, peppers, cheese 9.50

**Mario's Marvel** Onions, spinach, Tomato, mushrooms & cheese 8.95

# Breakfast Favorites

### VEGAN Breakfast

SCRAMBLED TEMPEH  
2 VEGAN flap jacks,  
2 FAKIN' BACON  
VEGAN SAUSAGE PATTY  
Homefries  
OJ or coffee 13.99

### H.H.I. Shrimp Hash

GRILLED CAJUN SHRIMP,  
CHORIZO SAUSAGE, HOME FRIES,  
GARLIC, PEPPERS & ONIONS,  
TOPPED WITH TWO OE EGGS &  
HOLLANDAISE SAUCE. SERVED  
WITH TOAST POINTS 13.75

### Tempeh Veggie Scramble

TEMPEH, VEGGIES, BROWN  
RICE & BLACK BEANS. TOPPED  
WITH VEGAN CHEESE. CHOOSE  
GRITS, HOME FRIES OR SLICED  
TOMATOES 13.25

## Our "Specially Featured" Ultimate Omelet's

All 3 Egg omelets served w/ homefries, grits, or sliced tomato, 1 pc. of toast, butter & jelly  
Sub Vegan Cheese or GF toast add 1.50

### Jersey Jim Egg Whites

Assorted Veggies & Cheese 9.95

SubEgg Whites 1.50

## Crab Ben-e-diction

Hollandaise over two poached Eggs, Two miniature crab cakes Served on an Eng. Muffin 14.50

Add avocado 15.25

## Florentine Ben-e-diction

Hollandaise over two poached eggs, Garlic Spinach & sliced tomato on An English muffin 9.95

With grilled salmon 13.95

## Morning Ben-e-diction

Hollandaise over two poached eggs And ham on an English muffin 9.95

## Huevos Ranchero

A Costa Rica favorite!

Eggs any style, Peppers, Onions & Colby jack cheese Served w/ rice & beans, salsa fresca And 3 tortillas 11.95

## Breakfast Quesadilla

Scrambled eggs, ham, peppers, Onions & Colby jack cheese. Served With sour cream and salsa 12.50

## Veggie & Egg Quesadilla

Scrambled eggs, & seasonal veggies, Smothered w/ Colby Jack cheese, Served with sour cream & salsa 11.95

### Tico Breakfast

2 EGGS, RICE & BEANS, AVOCADO & PLANTAINS 12.25

## Sweet Melissa

Shrimp, lump crab, tomato, American cheese and garlic 14.50

## Shrimp, Arugula, Goat Cheese

With Tomato and Avocado 14.25

## Crab Florentine w/ Cheese

Lump Crab, spinach, garlic & cheese 14.50

## Jeremiah Twenty Nine Eleven

Spinach, tomato and feta cheese 8.95

THANK YOU FOR NOT SUBSTITUTING, HOWEVER, PLEASE ENJOY  
**B.Y.O.O. . . Build Your Own Omelet!**

Start w/ a fluffy three egg omelet 6.25

Egg whites 7.75

Then get creative!

PEPPERS, ONIONS, SPINACH, PORTABELLA MUSHROOMS, MUSHROOMS, TOMATO, HOME FRIES, JALAPENOS OR GARLIC .50 BROCCOLI, ASPARAGUS, SALSA FRESCA OR ROASTED RED PEPPERS .75 AVOCADO 1.5 SOUR CREAM .50

CREAM CHEESE, SWISS, MOZZARELLA, AMERICAN OR COLBY JACK 1.5 GOAT, FETA OR VEGAN CHEESE 2.

BACON, HAM, SAUSAGE, SCRAPPLE OR PORK ROLL 1.75 FAKIN' BACON, TURKEY BACON OR CHORIZO SAUS. 2. TEMPEH OR VEGAN SAUS. 3. CRAB 6. OR SHRIMP 5. SUB GF TOAST 1.50

## Ala Carte

EGGS: ONE 1.99 TWO 2.99 THREE 3.99

ONE FLAP JACK 2.95

GRITS 2.50 GRITS W/CHEESE 3.50

HOME FRIES 2.50 W/ONIONS AND/OR PEPPERS 2.99

SPICY HOMEFRIES W/ONIONS AND/OR PEPPERS 3.25

SIDE OF FRUIT 4.

SLICED TOMATO 1.5 SLICED AVOCADO 2.50

ENGLISH MUFFIN 1.99 MUFFIN 3.

TOAST (2PC) BUTTER & JELLY WHITE, MULTIGRAIN OR RYE 1.50

TOASTED BAGEL 2.50

PLAIN OR EVERYTHING W/ BUTTER & JELLY ~ WITH CREAM CHEESE 3.50

GLUTEN FREE TOAST 2.50

CINNAMON BUN 4.

## Breakfast Meats

BACON, HAM, SAUSAGE SCRAPPLE OR PORK ROLL 3.25

TURKEY BACON, FAKIN' BACON, OR HOT SAUSAGE 3.99

VEGAN SAUSAGE, TEMPEH OR VEGAN CHICKEN PATTIE 4.95

COUNTRY FRIED STEAK 5.95

SIDE OF CREAMED CHIPPED BEEF 4.49