

Chris is in the kitchen flipping!

## Waffles N Such

Sprinkled with Powdered Sugar  
Served w/ Butter & Syrup

**Belgian or Sweet Potato** 7.25

Top with Strawberries, Blueberries or Bananas add 1.50

### Egg-ceptional Waffle

Waffle & 2 OE eggs on the side! 8.95  
Add Bacon, Ham or Sausage 11.95

### A Monkey of A Waffle

Topped with Chocolate Chips, Bananas, Walnuts and Whip cream 9.50

### Good 'n Fruity Waffle

Topped w/ Bananas, Blueberries, Strawberries And whip cream 9.50  
ADD WALNUTS 1.

### The BIG Kahuna

2 EGGS,  
2 FLAP JACKS  
2 STRIPS OF BACON  
1 SAUSAGE, HOME FRIES  
OJ OR COFFEE 12.50

### The Little Kahuna

2 EGGS  
2 SAUSAGE FILLED  
FLAP JACKS, HOMEFRIES  
OJ OR COFFEE 10.50



## Flapjacks

Sprinkled with Powdered Sugar  
Served w/ Butter & Syrup

**Buttermilk or Sweet Potato  
Vegan or Gluten Free**

Half Stack (2) 6.50 Full Stack (3) 7.50

### Man-cakes & Eggs

Flapjacks filled with sausage & bacon  
Served with two eggs OE! 11.25/13.25

### Chunky Monkey Flapjacks

Chocolate chips, Bananas & Walnuts  
Topped w/ Whipped Cream 9.50/10.50

### Fruity Flapjacks

Bananas, Blueberries and  
Strawberries 9.50/10.50  
Add Walnuts 1.

### Chocolate Chip Jacks

Topped with whip cream!  
Mmmm GOOD! 8/9

### BACON, EGGS & JACKS

2 EGGS, 2 FLAPJACKS & BACON  
9.95

Pure Warm Vermont Maple Syrup 2 oz 2.75

## Texas French Toast

Sprinkled w/ powdered sugar &  
served w/ butter & syrup

**Full Stack** (3 pcs) 6.5

Add a side of Bacon, Ham, Sausage or Scrapple 3.75

**Half Stack** (2 PCS) 5.5

Add a side of Bacon, Ham, Sausage or Scrapple 3.75

### "Loaded" French Toast

Topped with Blueberries, Strawberries, Bananas,  
Topped with Whipped Cream 9./10. Add Walnuts 1.  
Add a side of Bacon, Ham, Sausage or Scrapple 3.75

**TWO FRUIT COMBO FRENCH TOAST** 8.5/9.5

### NOTELLA FRENCH TOAST

Topped with Strawberries and sprinkled with  
Powdered Sugar, topped with Whipped Cream! 9/11

### Hawaiian Breakfast

2 EGGS &  
GRILLED HAM TOPPED  
W/ OUR PINEAPPLE  
MANGO SALSA,  
GRITS & TOAST 10.75

### Keiki Kahuna

1 EGG, 1 FLAPJACK  
2 PC BACON  
OJ OR COFFEE 9.25

## Breakfast Sandwiches

**Choose:** Plain or everything Bagel,  
Italian Herb Focaccia, English Muffin or  
Brioche Bun. Sub Gluten Free Bread 1.50

### Fried (1) Egg Sandwich

Served with Homefries 3.  
Add Cheese 1.50 With Bacon, Ham,  
Scrapple, Sausage or Pork Roll 5.99  
With Tempeh, Fakin' Bacon, Turkey Bacon  
or Vegan Sausage 6.99

### Fried (2) Egg Sandwich

Served with Homefries 4.  
Add Cheese 1.50  
With Bacon, Ham, Scrapple, Sausage or  
Pork Roll 6.99 With Tempeh, Fakin' Bacon,  
Turkey Bacon or Vegan Sausage 7.99

### Taylor Pork Roll & Cheese

On a Brioche Bun 7.5 Add red onion .50  
Add lettuce & tomato .75

### Bodacious Acai Bowl

Acai topped with  
Nutella, almond  
butter, coconut,  
Banana & granola 13.

### Acai Bowl

Topped with fresh  
strawberries,  
blueberries, banana,  
granola, almond  
butter & honey 13.

### Maddie's Avocado Toast

Everything Bagel with  
Homemade Pesto,  
Sliced tomato and  
Fresh mozzarella! 9.25  
Add Grilled Shrimp 5.  
Add 2 OE eggs 3.

## On the Fruity Side!

### "Loaded" Oatmeal

Topped w/ Bananas, Strawberries, Blueberries,  
Walnuts, Raisins, Brown Sugar & Cinnamon 9.

### Plain Oatmeal

Sprinkled w/ cinnamon & brown sugar 6.

### Peter's "Loaded" Yogurt

Topped w/ Bananas, Strawberries,  
Blueberries, Walnuts, Raisins & Cinnamon  
Sprinkled with Granola 9.50

### Fresh Fruit Bowl

Fresh cut. Varies seasonally! 9.25

### Side of Fruit

Fresh cut. Varies seasonally! 4.

### Loaded Chia Oat Bowl

Protein packed chia with  
Almond butter, Oats, Banana,  
Strawberries, Blueberries,  
Walnuts & Raisins 11.25

### Banana Roll Up

Banana, Almond Butter and Granola,  
In a Flour Tortilla served with  
Warm VT Maple Syrup 9.95



Please Remember...  
"Good food takes time  
When its prepared with love!"

# Breakfast Favorites

## The American Standard

Served with: Homefries, Grits or Sliced Tomato; 1 pc of White, Rye or Multigrain toast

**One Egg** 4.25

**Two Eggs** 5.25

**Three Eggs** 6.25

Add Bacon, Ham, Sausage, Scrapple or Turkey Bacon 3.5

**Breakfast Burrito** Scrambled eggs, Cheese, Salsa, Rice & Beans, wrapped in a Flour Tortilla. Served W/ Homefries, Grits Or sliced Tomato 10. **Add Avocado** 1.5

## Meaty Breakfast Burrito

Same as above Choose one below  
Bacon, Ham, Sausage, Turkey Bacon or Chorizo Sausage, Fakin' Bacon 13.50  
Tempeh or Vegan Sausage (inside) 13.75

## The Southern Belle

Country Fried Steak Topped with Cream Chipped Beef, 2 eggs any style, Grits or Home Fries & Toast 13.50

**Double Header** 2 eggs, 2 Flapjacks or French toast, Homefries or Grits 9.75

## Cream Chipped Beef

Homemade! Creamy chipped beef on Texas toast. Served W/ Homfries 9.25

## Vegan Breakfast

SCRAMBLED TEMPEH  
2 VEGAN FLAP JACKS,  
2 FAKIN' BACON  
SAUTEED VEGGIES &  
VEGAN SAUSAGE PATTY  
OJ OR COFFEE 14.

## Tempeh Veggie Scramble

TEMPEH, VEGGIES, BROWN RICE & BLACK BEANS. TOPPED WITH VEGAN CHEESE. CHOOSE GRITS, HOME FRIES OR SLICED TOMATOES 13.25

## Tico Breakfast

2 EGGS, RICE & BEANS, AVOCADO & PLANTAINS 12.25

## Veggie & Egg Quesadilla

SCRAMBLED EGGS, SEASONAL VEGGIES & COLBY JACK CHEESE SERVED WITH SOUR CREAM & HOME MADE SALSA 11.95

## Oksana's Avocado Bagel Benedict

Two Poached Eggs, Tomato, Mozzarella, on an Everything Bagel Topped with Hollandaise Sauce 13.

## H.H.I. Shrimp Hash

Grilled Cajun Shrimp, Chorizo Sausage, Homefries, Garlic, Peppers & Onions, Topped with Two OE Eggs & Hollandaise Served W/ Toast points 13.95

## Florentine Ben-e-diction

Hollandaise over Two Poached Eggs, Garlic Spinach & sliced Tomato on An English muffin 9.95  
With grilled wild caught Salmon 14.95

## Morning Ben-e-diction

Hollandaise over Two Poached Eggs And Ham on an English Muffin 9.95

## Huevos Ranchero

A Costa Rican Favorite!  
Eggs any style, Peppers, Onions & Colby Jack Cheese Served with Rice & Beans, Home made Salsa Fresca And 3 Corn Tortillas 11.95

## Breakfast Quesadilla

Scrambled eggs, Ham, Peppers, Onions & Colby jack Cheese. Served With Sour Cream & Salsa 12.95

## Our "Specially Featured"

# Ultimate Omelet's

## The Costa Omelet

Home made Salsa Fresca, Onions, Peppers & Colby Jack cheese 9.

**Cheese omelet** 7.25 With Bacon, Sausage or Pork Roll inside 9.50

## Greggy's Denver Omelet

Ham, Onions, Peppers & Cheese 9.95

## Louisiana Nena

Chorizo Sausage, Onions, Peppers, Cheese 9.95

**Mario's Marvel** Onions, Spinach, Tomato, Mushrooms & Cheese 9.25

All 3 Egg omelets served W/ Homefries, Grits, or Sliced Tomato, 1 pc. of toast, butter & jelly  
Sub Vegan Cheese or GF toast add 1.50

## Jersey Jim

### Egg White Omelet

Assorted Veggies & Cheese 10.

Sub Egg Whites 1.50

## Sweet Melissa

Shrimp, Tomato, Asparagus, American Cheese & Pesto 14.50

## Shrimp, Arugula, Goat Cheese

With Tomato & Avocado 14.25

## Jeremiah Twenty Nine Eleven

Spinach, Tomato & Feta Cheese 9.25

THANK YOU FOR NOT SUBSTITUTING ABOVE, HOWEVER, PLEASE ENJOY A  
**B.Y.O.O. . . . Build Your Own Omelet!**

Start w/ a fluffy three egg omelet 6.25

Egg whites 7.75

Then get creative!

PEPPERS, ONIONS, SPINACH, PORTABELLA MUSHROOMS, MUSHROOMS, TOMATO, HOME FRIES, JALAPENOS OR GARLIC .50 BROCCOLI, ASPARAGUS, SALSA FRESCA OR ROASTED RED PEPPERS .75 AVOCADO 1.50 SOUR CREAM .50

CREAM CHEESE, SWISS, MOZZARELLA, AMERICAN OR COLBY JACK 1.50 GOAT, FETA OR VEGAN CHEESE 2.

BACON, HAM, SAUSAGE, SCRAPPLE OR PORK ROLL 1.75 FAKIN' BACON, TURKEY BACON OR CHORIZO SAUS. 2. TEMPEH OR VEGAN SAUS. 3. SHRIMP 7. SUB GF TOAST 1.50

## Ala Carte

EGGS: ONE 2. TWO 3. THREE 4. ADD CHEESE 1.5

ONE FLAP JACK 3.25 ONE FRENCH TOAST 2.25

GRITS 2.50 GRITS W/CHEESE 3.50

HOME FRIES 3. W/ONIONS AND/OR PEPPERS 3.50

SPICY HOMEFRIES W/ONIONS AND/OR PEPPERS 3.75

SIDE OF FRUIT 4.

SLICED TOMATO 1.5 SLICED AVOCADO 2.50

ENGLISH MUFFIN 2.5 MUFFIN 3.5

TOAST (2PC) BUTTER & JELLY WHITE, MULTIGRAIN OR RYE 2.

TOASTED BAGEL 2.50 PLAIN OR EVERYTHING W/ BUTTER & JELLY ~ WITH CREAM CHEESE 4.

GLUTEN FREE TOAST 2.50

CINNAMON BUN 4.

## Breakfast Meats

BACON, HAM, SAUSAGE, TURKEY BACON 4.

SCRAPPLE, TAYLOR PORK ROLL OR CHORIZO SAUSAGE 4.

FAKIN' BACON 4. VEGAN SAUSAGE, TEMPEH OR VEGAN CHICKEN PATTIE 5.

COUNTRY FRIED STEAK 5.95

SIDE OF CREAMED CHIPPED BEEF 4.5