



In The Beginning

Eggplant Caprese With Jersey Tomato

Fried tender Eggplant & tomato stacked
With fresh Mozzarella and basil drizzled
With a Balsamic glaze & homemade pesto 10.95

Costa Rican Shrimp N Grits App

Where the Caribbean meets the South!
Hot sausage, blackened shrimp & Salsa
Fresca over grits Topped with cheese 9.95

Monge Dusted Calamari

Tender calamari rings lightly battered,
Flash fried & served with a sweet chili
Dipping sauce 9.95

Cape Island Scallops

Tender Scallops Grilled and dusted with
Old Bay on a bed of Arugula 12.50

Britt's Coconut Shrimp

Five succulent coconut shrimp. Flash fried and
Served with our home-made pineapple mango
Salsa. Drizzled w/ sweet & spicy chili sauce 10.95

Homemade crab cake

Grilled or Fried. Sitting on a bed of Arugula
Served with cocktail or tartar sauce 10.50

Maddie's Plantain Bites

Topped w/ black bean corn salsa &
Drizzled with Costa Rican Lizano salsa 8.95

Blackened Ahi Tuna Bites

On a bed of Arugula, topped with
Homemade black bean corn salsa &
Drizzled with Costa Rican Lizano 12.25

Seafood Mac n Cheese

Shrimp & Scallops swimming in a
Creamy, cheesy sea of macaroni! 14.95

Britt's Mac n Cheese 7.95

Veggie Spring Rolls

Six pieces served with a garlic,
ginger soy dipping sauce 8.50

Linney's Loaded Fries

Crispy seasoned fries, garlic, bacon,
Jalapenos, melted Colby Jack cheese
And ranch dressing 9.95

Buffalo Calamari

Flash fried & tossed with
Jalapenos, tomatoes,
Homemade buffalo
Sauce & drizzled With
bleu cheese 11.95

Ensalada y Zuppa

Arugula Beets & Goat Cheese

Sweet meets savory!
Arugula, roasted beets, goat cheese
Sprinkled with candied walnuts
And dried cranberries 12.5

TOP with: Salmon 19.50 Tuna 20.95

Grilled Chicken 16.50 Vegan Chix 18.5

Cissy's Caesar Salad

Fresh crisp romaine lettuce & croutons,
Tossed with a creamy Caesar dressing &
Sprinkled with Locatelli cheese

Full Size 9.95 Petit 5.95

Top with: Grilled Chicken 4.

Grilled Salmon 7.

Coconut Shrimp 7.

Garden Salad

Fresh crispy lettuce, carrots,
Tomato, red onion and cucumber
Full Size 8.95 Petit 4.95

*Soup & Salads
Served with Roll
& Butter*

Quinoa Plato

Grilled broccoli & asparagus, carrots,
Tomatoes, avocado & black bean corn salsa
on a bed of mixed greens & drizzled with
sesame ginger dressing 15.

With Ahi Tuna 23. With Grilled Salmon 21.

Blackened Ahi Tuna Ensalada

Blackened Ahi Tuna, mixed Greens,
Cucumber, avocado, tomato, goat cheese &
A side of our Locatelli Herb dressing 18.95

Melissa's C.M. Seafood Salad

Lump Crab, shrimp, scallops and avocado
Over mixed greens and topped with
Homemade pineapple mango salsa 19.95

Mermaid Margaret's Salad

Our homemade Crab & shrimp salad
Sitting on a bed of mixed greens with
Avocado, tomato and Colby jack cheese 16.95

Zuppa

Black Bean Soup

Garnished with Avocado
Cup 3.5 Bowl 4.5

Zuppa di Granchio!

A delicious house favorite!
Creamy Jumbo lump crab soup
Cup 6. Bowl 7.5

There is a plate sharing charge of \$5

From Our Cucina

All pasta dishes served with dinner rolls and butter
 A salad tossed in our homemade dressing will accompany all entrees
Sub: Gluten Free Pasta, Gluten Free Raviolis or Vegan Cheese to any dish 1.50

New York Strip Steak

Served with potato and veggie du jour 27.95
 Add Grilled Shrimp 33.95

Land & Sea

12 ounce New York Strip steak topped with mushrooms, Caramelized onions, and goat cheese served with our Homemade crab cake and veggie du jour 34.95

Good Ole' Fashioned Pot Roast

Sloooooow roasted and served over creamy mashed Topped with mushroom brown gravy. Served with Potatoes and veggie du jour 17.95

Grandma's Homemade Meatloaf

An old fashioned recipe of veal, pork & sirloin Topped w/ mushroom brown gravy. Served with Potato & veggie du jour 15.25

Poppie's Parmigiana

Tender, parmesan encrusted Chicken or Eggplant. Topped with homemade Italian gravy and lavished With Mozzarella and Locatelli cheese over linguini
 Chicken 18.95 Eggplant 16.95

Chicken Francaise

A lemony, sautéed chicken cutlet finished With a smooth white wine sauce, capers & grape Tomatoes. Sprinkled with goat cheese
 Served with potato and veggie du jour 18.95

Chicken Pesto Florentine

Grilled Chicken, baby spinach, roasted red peppers, Mozzarella cheese and homemade pesto over Mashed potatoes 19.95

Emelia's Special

Tomatoes, fresh basil & garlic in a blush sauce tossed with Potato gnocchi and sprinkled with Locatelli cheese. 15.95
 Add: Chicken 4. Scallops 8. Shrimp 6. Jumbo Lump Crab 7. Tempeh 7.

Endless "Pastabilities"

Design your own Pasta Dish! All pasta dishes topped with Locatelli Cheese. Served with dinner rolls, butter and A salad tossed in our homemade dressing 13.95



Choose your Pasta:

Choose your Sauce:

Gluten Free
 GF Pasta
 GF Ravioli

Italian Gravy
 Bolognese
 (meat sauce)

Linguini
 Angel Hair
 Gnocchi

Alfredo
 Blush Sauce
 Scampi Sauce

Spinach & Cheese Ravioli
 Cheese Ravioli
 Elbow Macaroni

Pesto
 Fra Diavolo
 Aglio e Olio
 Butter Sauce



Add to any Pasta dish:

Meat

Chicken 4.
 Hot Italian Saus. 4.
 Meatballs 3.
 Ham 3.
 Bacon 3.

Seafood

Shrimp 6.
 Jumbo Lump Crab 7.
 Scallops 8.
 Salmon 7.
 Flounder 5.
 Ahi Tuna 8.

Veggies 3.

Broccoli
 Roasted Red Peppers
 Caramelized Onions
 Asparagus
 Mushrooms
 Spinach or Arugula
 Grape Tomatoes

BV Unique

Vegan Sausage 5.
 Tempeh 6.
 Fakin' Bacon 5.
 Vegan Cheese 3.
 Goat Cheese 3.
 Vegan Chicken 6.



From Our Sea

*Served with a salad tossed in our homemade house dressing
Dinner rolls and butter*

Sesame Encrusted Ahi Tuna

Sesame encrusted Ahi Tuna served over mashed potato,
Asian seared veggies (carrots, portabella mushrooms,
caramelized onion and roasted red peppers) & garlic ginger soy sauce 23.95

Vermont Maple Salmon

Tender and moist as fish can be!
Glazed with our homemade Vermont Maple garlic ginger glaze.
Served with potato & veggie du jour 22.95

"Tour of the Sea"

Grilled Flounder filet, scallops, shrimp & a
Homemade crab cake cooked to perfection!
Served with potato & veggie du jour 25.95
Sub Salmon 27.95 Sub Ahi Tuna 28.95

**Koa's "Sweet & Spicy"
Garlic Shrimp Quinoa Bowl**
Asparagus & Broccoli 19.95

Christopher's Bella Vida Crab Cakes

A "SHORE" Favorite... 2 jumbo lump crab cakes
Grilled or fried with cocktail or tartar sauce.
Served with potato & veggie du jour 23.95

Seafood "The way YOU like it"!

Served with potato & veggie du jour; choose broiled or blackened

Shrimp (7) 20.95 ~ Scallops (7) 24.95 ~ Ahi Tuna (8oz) 22.95 ~ Salmon (7oz) 21.95

Coconut Shrimp

Seven jumbo succulent shrimp flash fried served
W/ Pineapple mango salsa over rice & beans 19.95
Drizzled with sweet spicy chili sauce

**Parmesan Herb Encrusted
Flounder OR Tender Chicken
Topped with Jumbo Lump Crab**

Flounder or Chicken topped with tomatoes,
garlic white wine sauce, fresh basil & capers.
Served over mashed potatoes **With:**
Parmesan Encrusted Flounder 23.95
W/ Tender Chicken Breast 21.95

Morgan's Medley of the Sea

Succulent shrimp, local scallops, jumbo lump crab,
grape tomatoes & baby spinach in a delectable
white wine garlic sauce over linguini or gnocchi
24.95

Shrimp or Scallop Scampi

Succulent plump shrimp or scallops in a white wine, butter,
lemon and garlic sauce. Sprinkled with
Locatelli cheese. Served over pasta or Quinoa.
Shrimp 21.95 Scallops 24.95

Anela's an Angel of a Dish

Sautéed shrimp, scallops and arugula
In a white wine garlic sauce with goat cheese,
grape tomatoes and capers
Served over Angel Hair pasta 24.95

Seafood Fra Diavolo

Scallops, shrimp, Jumbo lump crab, jalapenos and
Fresh basil tossed in a spicy Italian gravy. Served over
Linguini & topped with Locatelli cheese 24.95

Pesto Shrimp & Hot Italian Sausage

Our homemade pesto, luscious shrimp and sausage,
with broccoli & roasted red peppers over linguini 21.95



The Garden of Eden

Veggie Medley Sauté

Seasonal fresh veggies the way you like them! 13.95

Choose:

Linguini Penne GF Pasta Angel Hair Gnocchi Quinoa Rice & Beans

Choose:

Italian Gravy, homemade pesto, Aglio e Olio
Or Bella Vida's Ginger garlic soy sauce

Add:

Shrimp 6.	Jumbo Lump Crab 7.	Scallops 8.
Salmon 7.	Ahi Tuna 8.	Tempeh 7.
Chicken 4.	Vegan Chicken 6.	Vegan Sausage 6.

Carlos's Tempeh Rueben

Marinated grilled Tempeh, Swiss or Vegan cheese, Sauerkraut and Russian dressing or Vegenaise
On grilled rye 12.95

The Linda Christine

Portabella mushrooms, roasted reds
Caramelized onions, spinach, garlic and
Mozzarella on Italian Herb Focaccia 12.95

Veggie Burger Quesadilla

Homemade veggie burger, Rice, beans, avocado,
Tomato, & Lizano Salsa and Colby jack cheese 13.95

Kristen's AFBLT

Avocado, fakin' bacon, lettuce, tomato
And vegenaise on multigrain toast 11.99

Tropical Delights

Costa Rican Shrimp & Grits

Blackened shrimp, hot sausage, over grits
Topped with Salsa fresca & smothered with Colby Jack
cheese. A must-eat for grits fans! 21.95

Paula's Fish & Chips

Beer battered fried white fish,
Crispy fries and Homemade coleslaw
Served with malt vinegar or tartar 14.95

Costa Rican Casado

A typical Costa Rican meal of rice & beans & plantains.
Served with Costa Rican Lizano Salsa
Choose: **Chicken** 15. **Vegan Chicken** 17. **Flounder** 18.
Salmon 21. **Ahi Tuna** 22.

Trae's Taco Platter

Choose: Blackened Shrimp 13. Or **Ahi Tuna** 16.
Two soft tacos with your choice of Blackened Shrimp
Or Ahi Tuna. With avocado, pineapple mango salsa
And Colby Jack cheese. Served with crispy fries

Fish Burrito Beau

Blackened Fish, black bean corn salsa, avocado,
Salsa fresca, coleslaw, plantains, Colby Jack cheese
And Costa Rican Lizano Salsa 13.95

Land & Sea Burger

A fat & juicy all beef burger with melted cheese,
Lettuce and tomato and topped with our
Homemade Bella Vida crab cake
Served with fries & homemade coleslaw 15.95

Caribbean Quesadilla Kenzie

Black beans & rice, plantains, pineapple mango salsa
And Cheddar Jack cheese 12.
Add: Chicken 16. **Vegan Chicken** 18.
Blackened Flounder 17. **Salmon** 19.

Cheese Burger Delight

An all-beef burger stacked with lettuce & tomato
Served with fries and coleslaw 11.95
Add Bacon 13.95

Island Style Christina

Plantains and homemade black bean corn salsa over Rice & beans,
topped with our homemade pineapple mango Salsa then drizzled with
a balsamic glaze & Toasted coconut 14.95
With: Shrimp 20.95 **Flounder** 18.95
Salmon 21.95 **Ahi Tuna** 22.95
Chicken 18.95 **Vegan Chicken** 20.95

Vegan Cheese may be substituted
Add a side salad to above meals for 2.50

Bella Vida Café

A Local Café with . . .

A Wholesome Aroma

Dinner Menu

Open Daily All Year
Serving Breakfast, Lunch & Dinner

Take Out ~ Private Parties ~ Party Trays

Vegetarian & Gluten Free Friendly

Outdoor "doggy friendly" Dining

Smoothies & Fresh Carrot Juice

Espressos, Cappuccino's

BYOB

Bella Vida means "Beautiful Life"

Our prayer is that all who dine with us would experience,
"Beautiful life" John 3:16 <><

Please let your server know of any allergies!

We will try our best to customize most any menu item to suit your dietary preferences. Please discuss our Vegan, Vegetarian and Gluten Free options with your server who will be happy to assist you!